



**This is only a summary.** If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at [www.kp.org](http://www.kp.org) or by calling **1-808-432-5955 (Oahu)** or **1-800-966-5955 (Neighbor Islands)**.

Important Questions	Answers	Why this Matters:
What is the overall <u>deductible</u> ?	\$0	See Chart on Page 2 for your costs for services this plan covers.
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an <u>out-of-pocket limit</u> on my expenses?	Yes. \$2,500 individual / \$7,500 family	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billed charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a <u>network of providers</u> ?	Yes. For a list of <u>preferred providers</u> , see <a href="http://www.kp.org">www.kp.org</a> or call <b>1-808-432-5955 (Oahu)</b> or <b>1-800-966-5955 (Neighbor Islands)</b> .	If you use an in-network doctor or other health care <u>provider</u> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <u>provider</u> for some services. Plans use the term in-network, <u>preferred</u> , or participating for <u>providers</u> in their <u>network</u> . See the chart starting on page 2 for how this plan pays different kinds of <u>providers</u> .
Do I need a referral to see a <u>specialist</u> ?	Yes. Written approval is required to see most specialists.	This plan will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have the plan's permission before you see the <u>specialist</u> .
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 6. See your policy or plan document for additional information about <u>excluded services</u> .



- **Copayments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **coinsurance** payment of 20% would be \$200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the **allowed amount** is \$1,000, you may have to pay the \$500 difference. (This is called **balance billing**.)
- This plan may encourage you to use **plan providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use a Plan Provider	Your Cost If You Use a Non-Plan Provider	Limitations & Exceptions
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$15/visit	Not Covered	_____none_____
	Specialist visit	\$15/visit	Not Covered	_____none_____
	Other practitioner office visit	Not Covered	Not Covered	_____none_____
	Preventive care/ screening/ immunization	No charge for immunizations; No Charge/primary care visit	Not Covered	_____none_____
If you have a test	Diagnostic test (x-ray, blood work)	Lab: 10% coinsurance; Xray: 10% coinsurance	Not Covered	Lab: Inpatient fee included in hospital stay; Xray: Inpatient fee included in hospital stay
	Imaging (CT/PET scans, MRI's)	CT/MRI: 10% coinsurance (Outpatient)	Not Covered	CT/MRI: Inpatient fee included in hospital stay

Common Medical Event	Services You May Need	Your Cost If You Use a Plan Provider	Your Cost If You Use a Non-Plan Provider	Limitations & Exceptions
<p><b>If you need drugs to treat your illness or condition</b></p> <p>More information about <b>prescription drug coverage</b> is available at <a href="http://www.kp.org/formulary">www.kp.org/formulary</a>.</p>	Generic drugs	\$10 retail \$20 mail order/prescription	Not Covered	\$5/maintenance generic; Up to 30-day supply retail or 90-day supply mail; no charge contraceptives per formulary
	Preferred brand drugs	\$35 retail \$70 mail order/prescription	Not Covered	\$5/maintenance generic; Up to 30-day supply retail or 90-day supply mail; no charge contraceptives per formulary
	Non-preferred brand drugs	\$35 retail \$70 mail order/prescription	Not Covered	\$5/maintenance generic; Up to 30-day supply retail or 90-day supply mail; no charge contraceptives per formulary
	Specialty drugs	\$35 retail \$70 mail order/prescription	Not Covered	\$5/maintenance generic; Up to 30-day supply retail or 90-day supply mail; no charge contraceptives per formulary
<p><b>If you have outpatient surgery</b></p>	Facility fee (e.g., ambulatory surgery center)	\$15/visit	Not Covered	_____none_____
	Physician/surgeon fees	Included in the facility fee	Not Covered	_____none_____
<p><b>If you need immediate medical attention</b></p>	Emergency room services	\$75/visit	Covered under HMO benefit	Must notify KP within 48 hours if admitted to a non plan provider; Limited to initial emergency only
	Emergency medical transportation	20% coinsurance	Covered under HMO benefit	_____none_____
	Urgent care	\$15/visit; 20% coinsurance (out of area)	Covered under HMO benefit	_____none_____
<p><b>If you have a hospital stay</b></p>	Facility fee (e.g., hospital room)	\$75/day	Not Covered	_____none_____
	Physician/surgeon fee	Included in the facility fee	Not Covered	_____none_____

Common Medical Event	Services You May Need	Your Cost If You Use a Plan Provider	Your Cost If You Use a Non-Plan Provider	Limitations & Exceptions
If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health outpatient services	\$15/visit	Not Covered	_____none_____
	Mental/Behavioral health inpatient services	\$75/day	Not Covered	_____none_____
	Substance use disorder outpatient services	\$15/visit	Not Covered	_____none_____
	Substance use disorder inpatient services	\$75/day	Not Covered	_____none_____
If you are pregnant	Prenatal and postnatal care	No Charge/confirmed pregnancy	Not Covered	Limited to Routine Care
	Delivery and all inpatient services	Delivery: No Charge. Limited to routine care.	Not Covered	\$75/day, newborn inpatient
If you need help recovering or have other special health needs	Home health care	No Charge	Not Covered	Physician visit covered at primary care visit copay
	Rehabilitation services	\$75/day (inpatient); \$15/visit (outpatient)	Not Covered	_____none_____
	Habilitation services	Not covered	Not Covered	No coverage for habilitation
	Skilled nursing care	No Charge	Not Covered	Limited to 120 days/benefit period
	Durable medical equipment	50% coinsurance diabetes equipment	Not Covered	20% for all other equipment
Hospice service	No Charge	Not Covered	Includes two 90-day periods, followed by unlimited number of 60-day periods	

Common Medical Event	Services You May Need	Your Cost If You Use a Plan Provider	Your Cost If You Use a Non-Plan Provider	Limitations & Exceptions
If your child needs dental or eye care	Eye exam	No Charge	Not Covered	_____none_____
	Glasses	No Charge	Not Covered	Limited to 1 pair of lenses (polycarbonate single vision, lined bifocal or lined trifocal) and 1 frame (from the value collection frames) per calendar year; \$150 allowance per calendar year for 19 years and older
	Dental check-up	Not Covered	Not Covered	No coverage for Dental Check-up

## Excluded Services & Other Covered Services:

**Services Your Plan Does NOT Cover** (This isn't a complete list. Check your policy or plan document for other excluded services.)

<ul style="list-style-type: none"> <li>• Acupuncture</li> <li>• Chiropractic Care</li> <li>• Cosmetic Surgery</li> <li>• Dental check-up (Child)</li> </ul>	<ul style="list-style-type: none"> <li>• Habilitation services</li> <li>• Long-Term/Custodial Nursing Home Care</li> <li>• Non-Emergency Care when Travelling Outside the U.S.</li> <li>• Private-Duty Nursing</li> </ul>	<ul style="list-style-type: none"> <li>• Routine Dental Services (Adult)</li> <li>• Routine Foot Care</li> <li>• Weight Loss Programs</li> </ul>
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**Other Covered Services** (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

<ul style="list-style-type: none"> <li>• Bariatric Surgery</li> <li>• Hearing Aids</li> </ul>	<ul style="list-style-type: none"> <li>• Infertility Treatment</li> </ul>	<ul style="list-style-type: none"> <li>• Routine Eye Exam (Adult)</li> </ul>
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## Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply. For more information on your rights to continue coverage, contact the plan at 1-808-432-5955 (Oahu) or 1-800-966-5955 (Neighbor Islands). You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or [www.dol.gov/ebsa](http://www.dol.gov/ebsa), or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or [www.ccoo.cms.gov](http://www.ccoo.cms.gov).

## Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact: Customer Service at 1-808-432-5955 (Oahu) or 1-800-966-5955 (Neighbor Islands) or online at <http://www.kp.org/memberservices>. Additionally, you may contact the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or [www.dol.gov/ebsa](http://www.dol.gov/ebsa), or the State of Hawaii Department of Commerce and Consumer Affairs at: Hawaii Insurance Division Health Insurance Branch PO Box 3614 Honolulu, HI 96811 or call 1-808-586-2804 for the Hawaii Insurance Division of the Department of Commerce and Consumer Affairs.

## Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as “minimum essential coverage.” **This plan or policy does provide minimum essential coverage.**

## Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This health coverage does meet the minimum value standard for the benefits it provides.**

## Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al **1-808-432-5955 (Oahu)** or **1-800-966-5955 (Neighbor Islands)**

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa **1-808-432-5955 (Oahu)** or **1-800-966-5955 (Neighbor Islands)**

Chinese (中文): 如果需要中文的帮助，请拨打这个号码 **1-808-432-5955 (Oahu)** or **1-800-966-5955 (Neighbor Islands)**

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwíijigo holné' **1-808-432-5955 (Oahu)** or **1-800-966-5955 (Neighbor Islands)**

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*To see examples of how this plan might cover costs for a sample medical situation, see the next page.*

## About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



### This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

### Having a baby (normal delivery)

- **Amount owed to providers:** \$7,540
- **Plan pays** \$7,250
- **Patient pays** \$290

#### Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
<b>Total</b>	<b>\$7,540</b>

#### Patient Pays:

Deductibles	\$0
Copays	\$90
Coinsurance	\$0
Limits or exclusions	\$200
<b>Total</b>	<b>\$290</b>

### Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- **Amount owed to providers:** \$5,400
- **Plan pays** \$4,120
- **Patient pays** \$1,280

#### Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
<b>Total</b>	<b>\$5,400</b>

#### Patient Pays:

Deductibles	\$0
Copays	\$600
Coinsurance	\$600
Limits or exclusions	\$80
<b>Total</b>	<b>\$1,280</b>

Note: These numbers assume the patient is participating in our diabetes wellness program. If you have diabetes and do not participate in the wellness program, your costs may be higher. For more information about the diabetes wellness program, please contact: **1-808-432-5955(Oahu) or 1-800-966-5955 (Neighbor Islands)**

Total amounts above are based on subscriber only



## Questions and answers about the Coverage Examples:

### What are some of the assumptions behind the Coverage Examples?

- Costs don't include premiums.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network providers. If the patient had received care from out-of-network providers, costs would have been higher.

### What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how deductibles, copayments, and coinsurance can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

### Does the Coverage Example predict my own care needs?

- ✗ **No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

### Does the Coverage Example predict my future expenses?

- ✗ **No.** Coverage Examples are not cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your providers charge, and the reimbursement your health plan allows.

### Can I use Coverage Examples to compare plans?

- ✓ **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

### Are there other costs I should consider when comparing plans?

- ✓ **Yes.** An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-of-pocket costs, such as copayments, deductibles, and coinsurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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