

ITEM #	MENU ITEM	QUANTITY	PORTION	SCHEDULED MENU NUTRIENT COMPOSITION 11/21/07*											DIETARY FIBER	CHOLESTEROL	NUT LINK
				CALORIES	TOTAL FAT	SAT FAT	CARRB	SODIUM	PROTEIN	VIT C	IRON	CALCIUM					
C39	APPLE CRISP	1.0	CUP	219	8	5	36	34	2	2	3	17	2	20	80021		
7948850	Apple SL;UNSW CS(6CT)CN(100OZ)	0.5	CUP	6	0	9	5	0	1	1	0	0	1	0	50356		
1015	Apple; Fresh CS 135 CT	0.5	1 large (3-1/4" dia)	32	0	0	8	1	0	3	0	4	1	0	900115		
C35	APPLESAUCE; CINNAMON	1.0	1/2 CUP	42	0	0	10	6	0	1	2	7	1	0	80072		
C42	BANANAS; FRESH	0.5	1 Each	38	0	0	10	0	0	4	0	2	1	0	80039		
I32	BEANS; GREEN SEASONED	1.0	CUP	23	0	0	5	228	2	6	1	33	3	0	80073		
D59	BEEF TACO	2.0	BEEF TACOS	413	10	3	63	761	17	0	1	70	6	20	80013		
7923552	BREAD; CARROT CS 112/1.45OZ	0.5	SVG- PKG 1.45OZ	176	9	2	21	194	2	0	0	0	0	26	900105		
1157	BREAD; WG LOAF(24OZ)-SL(17)	0.5	SLICE (1.41 OZ)	45	5	0	9	85	3	0	2	0	0	0	900069		
7923977	BREAD; ZUCCHINI CS 112/1.45OZ	0.5	SVG (1.45 OZ)	135	5	1	21	141	2	0	0	0	2	32	900104		
I22	BROCCOLI FLORETS	0.5	CUP	33	0	0	6	22	1	0	0	0	2	0	80041		
1261	BUN; WW HAMBURGER PKG(24CT)	1.0	SVG	109	1	0	21	217	4	0	1	148	2	0	900065		
E30	CARROT/CELERY DIPPERS	1.0	SVG	70	0	0	16	369	0	3	0	19	1	0	80080		
2003	CELERY; FRESH LB	2.0	1 strip (4" long)	0	0	0	0	1	0	0	0	1	0	0	11143		
A137	CHCKN CEASAR SLD/CROUTONS/ROLL	1.0	1 BOWL	498	16	6	44	1403	40	40	3	543	6	83	80066		
D64	CHEESE BREADSTICKS/MARINARA SC	1.0	BOWL	343	11	5	45	879	21	13	2	20	6	30	80019		
F20	CHEESE HAMBURGER	1.0	HAMBURGER	452	22	9	31	704	35	0	0	250	3	80	80024		
D73	CHEESE PIZZA	1.0	CHEESE PIZZA	166	16	8	35	490	18	0	0	0	3	40	80057		
D60	CHEESE QUESADILLA	1.0	QUESADILLA (2 TORTILLAS)	425	17	8	54	704	16	0	3	0	2	34	80014		
A146	CHEF SALAD/ZUCHI BD	1.0	BOWL	437	15	4	61	1064	15	36	3	48	7	145	80096		
A146GF	CHEF SALAD-GF	1.0	BOWL	189	6	2	20	817	12	36	4	56	4	140	80122		
D58	CHICKEN ALFREDO PASTA	1.5	CUP	414	22	5	55	391	20	4	3	113	3	39	80122		
D63	CHICKEN NUGGETS	1.0	SVG-5 nuggets	302	15	3	15	436	25	0	0	1	2	67	80016		
F11	CHICKEN SALD CROISSANT	1.0	CHICKEN SANDWICH	375	17	6	34	503	22	0	0	14	2	128	80050		
F17	CHICKEN SLD SANDWICH	1.0	SANDWICH	326	28	2	37	533	29	0	8	14	0	123	80052		
D66	CHICKEN TENDERS; BREADED WG	3.0	TENDERS	215	10	2	13	341	20	0	0	0	1	49	80018		
3109396	CHIPS; TORTILLA BAK Bag/18 LB	0.5	CHIPS; TORTILLA CHIPS (1 OZ)	70	4	0	8	55	1	0	0	11	1	0	900122		
A137CB	CHKN CEASAR SLD/CROITNS/CORNB	1.0	BOWL	785	34	6	76	1722	41	37	1	395	5	158	80145		
7909570	CHKN; GRILLD FLT 4/6.25 LB	1.0	SVG (2.26 OZ)	156	5	2	2	328	23	0	0	0	0	62	900132		
7909571	CHKN; PULLED CS (10LB)	1.0	SVG (2 OZ)	67	3	1	1	77	13	0	0	0	0	40	900095		
C38	CINNAMON APPLE SLICES	1.0	CUP	86	0	0	17	30	0	1	1	10	1	0	80022		
A134	COBB SALAD/CARROT BREAD	1.0	BOWL	659	33	7	67	870	23	42	2	55	8	157	80112		
E29	COLESLAW	0.3	CUP	23	1	0	4	21	0	13	0	13	1	2	80081		
I21	CORN; SEASONED	1.5	CUP	63	1	0	14	148	2	1	0	3	2	0	80040		
7948845	CORN/BREAD;PRSLCD CS 180-2.13Z	0.483	9	0	22	217	2	0	0	0	0	1	37	900086			
A141GF	CRANBRY-CHKN SLD GF	1.0	BOWL	275	6	2	30	666	25	34	1	34	5	62	80120		
7949810	CROISNTS;WG CS 4/1.76/2.5OZ	0.5	SVG (2.5 OZ)	116	5	2	16	159	3	0	0	0	1	3	900084		
E27	CUCUMBER/TOMATO SALAD	1.0	CUP	33	0	0	7	9	2	20	1	24	2	0	80070		
I27	DELI ROASTERS	0.5	CUP	132	4	1	23	152	2	5	1	0	2	0	80046		
C48	FARM FRESH FRUIT;ASST	0.5	FRUIT	65	0	0	17	1	1	7	0	7	2	0	80094		
D91	FIESTA BEEF-POTATO BOWL	1.0	2 OZ BEEF/ 6 TORTILLA	365	11	8	35	649	20	4	1	215	4	69	900141		
D92	FIESTA CHS POTATO BOWL (V)	1.0	BOWL	323	15	5	43	947	11	4	1	211	5	28	900141		
8027482	FISH WEDGE;CRUNCHY CS (53CT)	1.0	SVG (3 OZ)	160	7	2	14	310	10	0	4	0	1	30	900121		
E33	FRESH CARROT/BROC FLORETS	1.0	OUNCE	86	0	0	19	377	2	46	0	38	3	0	80095		
6856331	FSH STK; ALA POLLOCK WG CS 160	1.0	SVG (5 STKS)	238	7	1	23	338	19	0	1	25	3	69	900106		
E25	GARDEN SIDE SALAD	1.0	CUP	22	0	0	5	7	1	23	1	24	2	0	80068		
A138GF	GREEK SALAD (GF)	1.0	BOWL	380	29	11	21	919	11	50	2	336	5	50	80111		
A138	GREEK SALAD W/GARLIC TST	1.0	BOWL	489	32	14	37	1029	14	41	3	367	5	50	80075		
F12	GRILLED CH SANDWICH	1.0	SANDWICH	146	10	6	5	551	8	0	0	516	0	0	80055		
F23	GRILLED HAM & CH CROISSANT	1.0	SANDWICH	343	15	7	35	815	15	0	0	250	2	20	80103		
F10	GRILLED HAM & CH SANDWICH	1.0	SANDWICH	155	7	4	6	731	14	0	0	265	0	30	80054		
D55	HEARTY PASTA BAKE	1.0	CUP	213	12	4	23	567	12	9	2	131	2	37	900139		
C45	HARVEST FRUIT CUP	1.0	CUP	65	0	0	17	1	1	8	0	16	1	0	80036		
I33	HONEY GLAZED CARROTS	0.5	CUP	59	0	0	13	66	0	2	0	22	2	0	80099		
E26	HOUSE SALAD	1.0	CUP	23	0	0	5	10	2	34	1	42	2	0	80069		
	KETCHUP PACKET	1.0	PACKET	10	0	0	2	90	0	0	2	0	0	0	103376		
D87	LASAGNA ROLL W/MEATSAUCE	1.0	LASAGNA ROLL	312	13	6	28	580	23	3	0	210	3	47	80154		
D89	LASAGNA ROLL W/SPAG CS (V)	1.0	LASAGNA ROLL	290	11	6	30	773	22	4	0	212	3	38	80156		
E32	LETTUCE/TOMATO/CUCUM SALAD	1.0	CUP	19	0	0	4	5	1	14	0	19	2	0	80071		
D70	MAC & BEEF	1.0	6 OZ	206	9	2	26	566	8	7	2	29	4	13	80084		
A143	MAC & CHEESE PASTA	1.0	CUP	503	14	4	82	711	18	0	4	42	8	17	80086		
A147	MANDARIN CHKN SLD W/DINNER ROL	1.0	BOWL	396	7	2	56	859	28	70	1	59	5	62	80102		
5278759	LIGHT MAYO	1.0	OUNCE (2 TBSP)	40	4	1	1	95	0	0	0	0	0	10	900098		
M3	MILK; ASST	0.5	1 CTN	57	0	0	10	58	5	0	0	0	0	3	80074		
	MILK, FLAVORED NON-FAT (CHOC)	1.0	8 OZ CARTON	140	0	0	26	180	9	0	0	0	1	5			
	MILK, FLAVORED NON-FAT (STRAWBERRY)	1.0	8 OZ CARTON	130	0	0	23	120	8	0	0	0	0	1	5		
	MILK, UNFLAVORED	1.0	8 OZ CARTON	80	0	0	12	120	8	0	0	0	0	5			
113977	MUSTARD PKT	1.0	TSP	10	0	0	1	90	1	0	0	0	0	0	111818		
A135	VEGETARIAN EGGROLL	1.0	EGGROLL	160	1	0	22	200	6	3	1	21	5	0	80031		
	VEGETARIAN EGGROLL/PEANUT SC	1.0	VEGETARIAN EGGROLL/PEANUT SC	457	25	5	35	263	18	2	1	22	5	4	900037		
4924811	ORANGES; MANDARIN CS 6CT-105OZ	0.5	CUP	44	0	0	11	6	1	13	0	13	1	0	900019		
D85	PARMESAN CHICKEN on BUN	1.0	1 PORTION	428	14	5	39	1534	39	8	1	266	5	63	80152		
C40	PEACH CRISP	1.0	5 OZ SVG W/CRISP TOPPING	171	8	2	24	112	2	0	1	17	1	0	80032		
C51	PEACH SLICES	1.0	CUP	1	0	0	0	0	0	0	0	0	0	0	80083		
C52	PEACH/GRAPES CUP	1.0	CUP	37	0	0	9	1	0	2	0	8	0	0	80038		
F33	PEANUT DIPPING SAUCE	2.0	OUNCES	203	16	3	10	60	8	2	1	15	2	0	80164		
I25	PEAS;CARROTS	0.5	CUP	55	0	0	10	85	2	18	1	32	3	0	80045		
D56	PEPPERONI PIZZA	1.0	PIZZA	404	20	5	35	659	20	0	0	0	4	49	900139		
F13	PHILLY CHS STK ON WG SUB BUN	1.0	PHILLY CHS/BUN	234	11	5	13	493	19	2	6	267	1	29	80027		
C37	PINEAPPLE TIDBITS	1.0	CUP	144	0	0	37	3	1	23	1	37	3	0	80035		
524127015	PIZZA; CHS WG CS 72/5.13OZ	1.0	SVG (5.13 OZ)	159	16	8	24	490	18	0	0	0	4	40	900138		
7948841	POTATO FRIES CS 6/5 LB	1.0	SVG (4 OZ)	133	2	0	25	87	3	0	0	0	3	0	900128		
7948843	POTATO; SWT WEDGES CS 6/2.5LB	1.0	SVG (4 OZ)	120	3	0	21	53	1	0	0	0	4	0	900088		
5235194	POTATOES; MSH PP CS 42/15.5 OZ	1.0	SVG (4OZ)	77	3	1	13	415	2	26	1	74	1	4	900114		
I35	POTATOES; SWT WEDGES; CANDIED	1.0	4 OUNCES	111	3	0	21	44	1	1	0	3	3	0	80128		
C43	RAINBOW FRUIT CUP	1.0	CUP	56	0	0	14	3	1	16	0	16	1	0	80093		
I23	RANCHERO BEANS	1.0	CUP	340	2	0	61	334	20	3	5	105	20	0	80049		
6202766	RELISH PKT PC	1.0	PACKET	12	0	0	3	73	0	0	0	0	0	0	900189		
B29	RICE; BROWN SEASONED	0.5	CUP	203	3	0	40	8	4	0	1	17	2	0	80077		
I39	ROASTED VEGETABLES	0.5	CUP	64	2	1	9	113	5	87	1	106	3	3	80160		
1260	ROLL; WG DINNER PKG (96CT)	1.0	Dinner Roll (1 OZ)	72	1	0	14	143	3	0	0	0	1	0	900054		
8545325	SAUCE; CHS AGED CHDR 6/5LB	1.0	OUNCE	108	8	5	2	217	7	0	0	203	0	28	900141		
5853840	SCH COOKIE OATMEAL RAISIN WG	1.0	COOKIE	252	9	2	42	156	3	0	5	0	3	0	902625		
6375864	SCH PANCAKES BLUEBERRY MINI	1.0	SVG (1)	71	2	0	12	103	1	0	1	21	1	0	902519		
6447279	SCH SAUCE APPLE UNSWEET	0.5	CUP	33	0	0	8	5	0	1	1	0	1	0	900023		
7923391	SCH SCE HNAN ORNGE CS 6/5LB	2.0	SVG (OZ)	98	0	0	24	366	0	14	0	10	0	0	900085		
5483561	SCH SWIRL CUP BERRY LEMON	1.0	CUP (4OZ														