



AUG-SEPT 2017 ELEM/SURE-START MENU

PAC (JAPAN)



Monday

-28-
 Chicken Alfredo Bowtie Pasta
Cheesy Bowtie Pasta
 Grilled Ham & Chs Sandwich
House Side Salad
Seasoned Broccoli Florets
Cornbread/Mandarin Oranges
Milk

-4-

LABOR DAY HOLIDAY

-11-
Chicken Adobo/Stir-Fry Rice
 Veggie Stir-Fry Rice/Eggroll
 & Peanut Dipping Sc
 Grilled Ham & Chs Croissant
Kyoto Vegetables
Mandarin Oranges
Milk

-18-
Chicken Nuggets/ Ranch Dsg
 Cheese Breadsticks (3)/Marinara Sc
 Chicken Ceasar Salad/CROUTONS
Farm Fresh Carrot/Broccoli Florets
Sweet Potato Wedges
Dinner Roll
Peach Slices/Peach Crisp/Milk

-25-

Chicken Alfredo Bowtie Pasta
Cheesy Bowtie Pasta
 Grilled Ham & Chs Sandwich
House Side Salad
Seasoned Broccoli Florets
Cornbread/Mandarin Oranges
Milk

Tuesday

-29-
Pepperoni Pizza
 Cheese Pizza
 Cobb Salad (Grilled Ckn)/Carrot Bread
Garden Side Salad/ Dressing
Seasoned Peas/Carrots
Cinnamon Applesauce/ Milk

-5-

Lasagna Roll W/Meatsauce
 Cheese Lasagna Roll W/ Marinara Sc
 Chef Salad/Zucchini Bd
Roasted Fresh Vegetables
Garden Salad/ Garlic Toast
Rainbow Fruit Cup
Milk

-12-

Pepperoni Pizza
Cheese Pizza
 Cobb Salad (Gf)/Carrot Bread
Garden Side Salad
Seasoned Peas/Carrots
Cinnamon Apple Slices/ Lemon-Berry Cup
Treat /Milk

-19-

Chicken Parmesan on Bun
 Mac & Cheese Pasta (Elbow)/Garlic Toast
 Tuna Sld Sandwich
Roasted Fresh Vegetables
Deli Roasters
Rainbow Fruit Cup
Milk

-26-

Pepperoni Pizza
 Cheese Pizza
 Cobb Salad (Grilled Ckn)/Carrot Bread
Garden Side Salad/ Dressing
Seasoned Peas/Carrots
Cinnamon Applesauce/ Milk

Wednesday

-30-
Beef Tacos/ Salsa
 Cheese Quesadilla
 Chicken Salad Croissant
Ranchero Beans (Pinto)
Chopped Salad (Let/Tom)
Pineapple Tidbits
Milk

-6-

Beef Spaghetti
 Spaghetti & Marinara w/ Cheese
 Mandarin Chkn Sld W/Dinner Roll
Cucumber/Cherry Tom Salad
Fresh Carrot/Broc Florets
Garlic Toast
Farm Fresh Fruit/Milk

-13-

Fiesta Beef Potato Bowl
 Fiesta (3-Bean) Cheese Potato Bowl
Chicken Sld Sandwich
Chopped Salad (Let/Tom)
Ranchero Beans (Pinto)
Pineapple Tidbits
Milk

-20-

Beef Spaghetti
 Spaghetti & Marinara w/ Cheese
 Mandarin Chicken Sld W/Dinner Roll
Cucumber/Cherry Tom Salad
Sugar Snap Peas
Toast, Garlic
Farm Fresh Fruit/ Milk

-27-

Beef Tacos/ Salsa
 Cheese Quesadilla
 Chicken Salad Croissant
Ranchero Beans (Pinto)
Chopped Salad (Let/Tom)
Pineapple Tidbits
Milk

Thursday

-31-
Chicken Nuggets W/ Orange Sc Dip
 Seasoned Brown Rice
 Grilled Chs Sandwich (V)
 SW Chkn Sld (Bd Ckn)/Bkd Corn Chips
Kyoto Vegetables/Carrot/Celery Dippers-
Ranch Dressing/ Apple Slices/Apple Crisp
Milk

-7-

Breaded Chicken Burger (Cheese Opt)
 Three-Bean Chili/ Baked Corn Chips
 Cranbry-Chkn Sld/ Zucchini Bread
Oven Baked Fries
Sugar Snap Peas
Lettuce/Tomato Salad
Peach/Grapes Cup/Milk

-14-

Chicken Tenders/Dinner Roll
 Grilled Cheese Sandwich (V)
 Sw Chkn Sld/Baked Corn Chps
Carrot/Celery Dippers
Mashed Potatoes/Gravy (Opt)
Farm Fresh Fruit
Milk

-21-

Grilled Beef Hamburger (Cheese Opt)
 Three-Bean Chili/Baked Corn Chips
 Cranbry-Chicken Sld/Zucchini Bread
Crinkle Cut Oven Fries
Lettuce/Tomato Salad
Peach/Grapes Cup /Milk

-28-

Chicken Nuggets W/ Orange Sc Dip
 Seasoned Brown Rice
 Grilled Chs Sandwich (V)
 SW Chkn Sld (Bd Ckn)/Bkd Corn Chips
Kyoto Vegetables/Carrot/Celery Dippers-Ranch
 Dressing
Apple Slices/Apple Crisp
Milk

Friday

-1-
 Philly Cheese Stk on WG SUB
Fish Patty/Tartar Sc
 Greek Salad W/Garlic Tst (V)
Sweet Potato Wedges
Coleslaw
Dinner Roll
Fruit Cup/Milk

-8-

Fish Pattie on WG Bun (Cheese Opt)
 Mac & Cheese Pasta
 Chef Salad/Zucchini Bd
Lettuce/Tomato Salad
Honey Glazed Carrots
Mac & Cheese Side
Harvest Fruit Cup/Milk

-15-

BBQ Chicken On WG Bun
Fish Sticks/ WG Sl Bread/Tartar Sc
 Greek Salad W/Zucchini Bread
Beans, Green Seasoned
Homemade Coleslaw
Fruit Cup
Milk

-22-

Fish Tacos/ Salsa
Mac & Cheese Pasta
 Chef Salad/Zucchini Bread
Chopped Salad (Let/Tom)
Mac & Cheese Side
Seasoned Peas/Carrots
Harvest Fruit & Choc Cup/Milk

-29-

Philly Cheese Stk on WG SUB
Fish Patty on Bun/Tartar Sc
 Greek Salad W/Garlic Tst (V)
Sweet Potato Wedges
Coleslaw
Dinner Roll
Fruit Cup/Lemon-Berry Cup Treat
Milk

SPECIAL ANNOUNCEMENTS:

*Daily Fresh Fruit & Choice of non-fat milk
 Menus subject to change based on product availability*

