



# AUG-SEPTEMBER 2017 ELEM/SURE-START MENU

## PAC (KOREA)



### August-September 2017

#### Monday

-28-  
 Chicken Alfredo Bowtie Pasta  
Cheesy Bowtie Pasta  
 Grilled Ham & Chs Sandwich  
House Side Salad  
Seasoned Broccoli Florets  
Cornbread/Mandarin Oranges  
Milk

### LABOR DAY HOLIDAY

-11-  
Chicken Adobo/Stir-Fry Rice  
 Veggie Stir-Fry Rice/Eggroll  
 & Peanut Dipping Sc  
 Grilled Ham & Chs Croissant  
Kyoto Vegetables  
Mandarin Oranges  
Milk

-18-  
Chicken Nuggets/ Ranch Dsg  
 Cheese Breadsticks (2-3)/Marinara Sc  
 Chicken Ceasar Salad/CROUTONS  
Farm Fresh Carrot/Broccoli Florets  
Sweet Potato Wedges  
 Dinner Roll  
Peach Slices/Peach Crisp/Milk

-25-  
 Chicken Alfredo Bowtie Pasta  
Cheesy Bowtie Pasta  
 Grilled Ham & Chs Sandwich  
House Side Salad  
Seasoned Broccoli Florets  
Cornbread/Mandarin Oranges  
Milk

#### Tuesday

-29-  
Pepperoni Pizza  
 Cheese Pizza  
 Cobb Salad (Grilled Ckn)/Carrot Bread  
Garden Side Salad/ Dressing  
Seasoned Peas/Carrots  
Cinnamon Applesauce/Lemon-Berry Cup Treat  
Milk

-5-  
Lasagna Roll W/Meatsauce  
 Cheese Lasagna Roll W/ Marinara Sc  
 Chef Salad/Zucchini Bd  
Roasted Fresh Vegetables  
Garden Salad/ Garlic Toast  
Rainbow Fruit Cup  
Milk

-12-  
 Pepperoni Pizza  
Cheese Pizza  
 Cobb Salad (Gf)/Carrot Bread  
Garden Side Salad  
Seasoned Peas/Carrots  
 Cinnamon Apple Slices/ Lemon-Berry Cup  
Treat  
Milk

-19-  
Chicken Parmesan on Bun  
 Mac & Cheese Pasta (Elbow)/Garlic Toast  
 Tuna Sld Sandwich  
Roasted Fresh Vegetables  
Deli Roasters  
Rainbow Fruit Cup  
Milk

-26-  
Pepperoni Pizza  
 Cheese Pizza  
 Cobb Salad (Grilled Ckn)/Carrot Bread  
Garden Side Salad/ Dressing  
Seasoned Peas/Carrots  
Cinnamon Applesauce/  
Milk

#### Wednesday

-30-  
Beef Tacos/ Hot Sc pc  
 Cheese Quesadilla  
 Chicken Salad Croissant  
Ranchero Beans (Pinto)  
Chopped Salad (Let/Tom)  
Pineapple Tidbits/  
Milk

-6-  
Beef Spaghetti  
 Spaghetti & Marinara w/ Cheese  
 Mandarin Chkn Sld W/Dinner Roll  
Cucumber/Grape Tom Salad  
Fresh Carrot/Broc Florets  
Garlic Toast  
Farm Fresh Fruit/Milk

-13-  
 Fiesta Beef Potato Bowl  
 Fiesta (3-Bean) Cheese Potato Bowl  
Chicken Sld Sandwich  
Chopped Salad (Let/Tom)  
Ranchero Beans (Pinto)  
Pineapple Tidbits  
Milk

-20-  
Beef Spaghetti  
 Spaghetti & Marinara w/ Cheese  
 Mandarin Chicken Sld W/Dinner Roll  
Cucumber/Cherry Tom Salad  
Sugar Snap Peas  
 Toast, Garlic  
Farm Fresh Fruit/ Milk

-27-  
Beef Tacos/ Salsa  
 Cheese Quesadilla  
 Chicken Salad Croissant  
Ranchero Beans (Pinto)  
Chopped Salad (Let/Tom)  
Pineapple Tidbits  
Milk

#### Thursday

-31-  
Chicken Nuggets W/ Orange Sc Dip  
 Seasoned Brown Rice  
 Grilled Chs Sandwich (V)  
 SW Chkn Sld (Bd Ckn)/Bkd Corn Chips  
Kyoto Vegetables/Carrot/Celery Dippers-  
Ranch Dressing/ Apple Slices/Apple Crisp  
Milk

-7-  
Breaded Chicken Burger (Cheese Opt)  
 Three-Bean Chili/ Baked Corn Chips  
 Cranbry-Chkn Sld/ Zucchini Bread  
Oven Baked Fries  
 Sugar Snap Peas  
Lettuce/Tomato Salad  
Peach/Grapes Cup/Milk

-14-  
Chicken Tenders/Dinner Roll  
 Grilled Cheese Sandwich (V)  
 Sw Chkn Sld/Baked Corn Chps  
Carrot/Celery Dippers  
Mashed Potatoes/Gravy (Opt)  
Farm Fresh Fruit  
Milk

-21-  
Grilled Beef Hamburger (Cheese Opt)  
 Three-Bean Chili/Baked Corn Chips  
 Cranbry-Chicken Sld/Zucchini Bread  
Crinkle Cut Oven Fries  
Lettuce/Tomato Salad  
Peach/Grapes Cup  
Milk

-28-  
Chicken Nuggets W/ Orange Sc Dip  
 Seasoned Brown Rice  
 Grilled Chs Sandwich (V)  
 SW Chkn Sld (Bd Ckn)/Bkd Corn Chips  
Kyoto Vegetables/Carrot/Celery Dippers-  
Ranch Dressing  
Apple Slices/Apple Crisp  
Milk

#### Friday

-1-  
 Philly Cheese Stk on WG SUB  
Fish Patty/Tartar Sc  
 Greek Salad W/Garlic Tst (V)  
Sweet Potato Wedges  
Coleslaw  
Dinner Roll  
Fruit Cup/Milk

-8-  
Fish Pattie on WG Bun (Cheese Opt)  
 Mac & Cheese Pasta  
 Chef Salad/Zucchini Bd  
Lettuce/Tomato Salad  
Honey Glazed Carrots  
 Mac & Cheese Side  
Harvest Fruit Cup/Milk

-15-  
 BBQ Chicken On WG Bun  
Fish Sticks/ WG Sl Bread/Tartar Sc  
 Greek Salad W/Zucchini Bread  
Beans. Green Seasoned  
Homemade Coleslaw  
Fruit Cup  
Milk

-22-  
 Fish Tacos/ Salsa  
Mac & Cheese Pasta  
 Chef Salad/Zucchini Bread  
Chopped Salad (Let/Tom)  
 Mac & Cheese Side  
Seasoned Peas/Carrots  
Harvest Fruit & Choc Cup/Milk

-29-  
 Philly Cheese Stk on WG SUB  
Fish Patty/Tartar Sc/ Garlic Tst  
 Greek Salad W/Garlic Tst (V)  
Sweet Potato Wedges  
Coleslaw  
Fruit Cup/Milk

### SPECIAL ANNOUNCEMENTS:

ELEMENTARY & SURE-START MENUS (**UNDERLINED**)

*Daily Fresh Fruit & Choice of non-fat milk*

*Menus subject to change based on product availability*

