



AUG-SEPT 2017 ELEM/SURE-START MENU

PAC (OWA)



Monday

-28-
 Chicken Alfredo Bowtie Pasta
Cheesy Bowtie Pasta
 Grilled Ham & Chs Sandwich
House Side Salad
Seasoned Broccoli Florets
Cornbread/Mandarin Oranges
Milk

-4-

LABOR DAY HOLIDAY

-11-
Chicken Adobo/Stir-Fry Rice
 Veggie Stir-Fry Rice/Eggroll
 & Peanut Dipping Sc
 Grilled Ham & Chs Croissant
Kyoto Vegetables
Mandarin Oranges
Milk

-18-
Chicken Nuggets/ Ranch Dsg
 Cheese Breadsticks (2-3)/Marinara Sc
 Chicken Ceasar Salad/CROUTONS
Farm Fresh Carrot/Broccoli Florets
Sweet Potato Wedges
 Dinner Roll
Peach Slices/Peach Crisp
Milk

-25-
 Chicken Alfredo Bowtie Pasta
Cheesy Bowtie Pasta
 Grilled Ham & Chs Sandwich
House Side Salad
Seasoned Broccoli Florets
Cornbread/Mandarin Oranges
Milk

Tuesday

-29-
Beef Tacos/ Salsa
 Cheese Quesadilla
 Chicken Salad Croissant
Ranchero Beans (Pinto)
Chopped Salad (Let/Tom)
Pineapple Tidbits
Milk

-5-
Lasagna Roll W/Meatsauce
 Cheese Lasagna Roll W/ Marinara Sc
 Chef Salad/Zucchini Bd
Roasted Fresh Vegetables
Garden Salad/ Garlic Toast
Rainbow Fruit Cup
Milk

-12-
 Fiesta Beef Potato Bowl
 Fiesta (3-Bean) Cheese Potato Bowl
Chicken Sld Sandwich
Chopped Salad (Let/Tom)
Ranchero Beans (Pinto)
Pineapple Tidbits
Milk

-19-
Chicken Parmesan on Bun
 Mac & Cheese Pasta (Elbow)/Garlic Toast
 Tuna Sld Sandwich
Roasted Fresh Vegetables
Deli Roasters
Rainbow Fruit Cup
Milk

-26-
Beef Tacos/ Salsa
 Cheese Quesadilla
 Chicken Salad Croissant
Ranchero Beans (Pinto)
Chopped Salad (Let/Tom)
Pineapple Tidbits
Milk

Wednesday

-30-
Pepperoni Pizza
 Cheese Pizza
 Cobb Salad (Grilled Ckn)/Carrot Bread
Garden Side Salad/ Dressing
Seasoned Peas/Carrots
Cinnamon Applesauce/ Milk

-6-
Beef Spaghetti
 Spaghetti & Marinara w/ Cheese
 Mandarin Chkn Sld W/Dinner Roll
Cucumber/Grape Tom Salad
Fresh Carrot/Broc Florets
Garlic Toast
Farm Fresh Fruit/Milk

-13-
 Pepperoni Pizza
Cheese Pizza
 Cobb Salad (Gf)/Carrot Bread
Garden Side Salad
Seasoned Peas/Carrots
 Cinnamon Apple Slices/ Lemon-Berry Cup
Treat /Milk

-20-
Beef Spaghetti
 Spaghetti & Marinara w/ Cheese
 Mandarin Chicken Sld W/Dinner Roll
Cucumber/Cherry Tom Salad
Sugar Snap Peas
 Toast, Garlic
Farm Fresh Fruit
Milk

-27-
Pepperoni Pizza
 Cheese Pizza
 Cobb Salad (Grilled Ckn)/Carrot Bread
Garden Side Salad/ Dressing
Seasoned Peas/Carrots
Cinnamon Applesauce/
Milk

Thursday

-31-
Chicken Nuggets W/ Orange Sc Dip
 Seasoned Brown Rice
 Grilled Chs Sandwich (V)
 SW Chkn Sld (Bd Ckn)/Bkd Corn Chips
Kyoto Vegetables/Carrot/Celery Dippers-
Ranch Dressing/ Apple Slices/Apple Crisp
Milk

-7-
Breaded Chicken Burger (Cheese Opt)
 Three-Bean Chili/ Baked Corn Chips
 Cranbry-Chkn Sld/ Zucchini Bread
Oven Baked Fries
 Sugar Snap Peas
Lettuce/Tomato Salad
Peach/Grapes Cup/Milk

-14-
Chicken Tenders/Dinner Roll
 Grilled Cheese Sandwich (V)
 Sw Chkn Sld/Baked Corn Chips
Carrot/Celery Dippers
Mashed Potatoes/Gravy (Opt)
Farm Fresh Fruit
Milk

-21-
Grilled Beef Hamburger (Cheese Opt)
 Three-Bean Chili/Baked Corn Chips
 Cranbry-Chicken Sld/Zucchini Bread
Crinkle Cut Oven Fries
Lettuce/Tomato Salad
Peach/Grapes Cup
Milk

-28-
Chicken Nuggets W/ Orange Sc Dip
 Seasoned Brown Rice
 Grilled Chs Sandwich (V)
 SW Chkn Sld (Bd Ckn)/Bkd Corn Chips
Kyoto Vegetables/Carrot/Celery Dippers-
Ranch Dressing
Apple Slices/Apple Crisp
Milk

Friday

-1-
 Philly Cheese Stk on WG SUB
Fish Patty/Tartar Sc/Garlic Tst
 Greek Salad W/Garlic Tst (V)
Sweet Potato Wedges
Coleslaw
Fruit Cup
Milk

-8-
Fish Pattie on WG Bun (Cheese Opt)
 Mac & Cheese Pasta
 Chef Salad/Zucchini Bd
Lettuce/Tomato Salad
Honey Glazed Carrots
 Mac & Cheese Side
Harvest Fruit Cup/Milk

-15-
 BBQ Chicken On WG Bun
Fish Sticks/ WG Sl Bread/Tartar Sc
 Greek Salad W/Zucchini Bread
Beans, Green Seasoned
Homemade Coleslaw
Fruit Cup
Milk

-22-
 Fish Tacos/ Salsa
Mac & Cheese Pasta
 Chef Salad/Zucchini Bread
Chopped Salad (Let/Tom)
 Mac & Cheese Side
Seasoned Peas/Carrots
Harvest Fruit & Choc Cup
Milk

-29-
 Philly Cheese Stk on WG SUB
Fish Patty on Bun/Tartar Sc
 Greek Salad W/Garlic Tst (V)
Sweet Potato Wedges
Coleslaw
Dinner Roll
Fruit Cup/ Lemon-Berry Cup Treat
/Milk

SPECIAL ANNOUNCEMENTS:
 ELEMENTARY & SURE-START MENUS (**BOLD & UNDERLINED**)

Daily Fresh Fruit & Choice of non-fat milk
Menus subject to change based on product availability

