



# AUG-SEPT 2017 SECONDARY MENU

## PAC (JAPAN)



### Monday

-28-

Chicken Alfredo Bowtie Pasta  
Cheesy Bowtie Pasta  
Grilled Ham & Chs Sandwich  
House Side Salad  
Seasoned Broccoli Florets  
Combread/Mandarin Oranges  
Milk

-4-

## LABOR DAY HOLIDAY

-11-

Chicken Adobo/Stir-Fry Rice  
Veggie Stir-Fry Rice/Eggroll  
& Peanut Dipping Sc  
Grilled Ham & Chs Croissant  
Kyoto Vegetables  
Mandarin Oranges  
Milk

-18-

Chicken Nuggets/ Ranch Dsg  
Cheese Breadsticks (3)/Marinara Sc  
Chicken Ceasar Salad/CROUTONS  
Farm Fresh Carrot/Broccoli Florets  
Sweet Potato Wedges  
Dinner Roll  
Peach Slices/Peach Crisp/Milk

-25-

Chicken Alfredo Bowtie Pasta  
Cheesy Bowtie Pasta  
Grilled Ham & Chs Sandwich  
House Side Salad  
Seasoned Broccoli Florets  
Combread/Mandarin Oranges  
Milk

### Tuesday

-29-

Pepperoni Pizza  
Cheese Pizza  
Cobb Salad (Grilled Ckn)/Carrot Bread  
Garden Side Salad/ Dressing  
Seasoned Peas/Carrots  
Cinnamon Applesauce/Milk

-5-

Lasagna Roll W/Meatsauce  
Cheese Lasagna Roll W/ Marinara Sc  
Chef Salad/Zucchini Bd  
Roasted Fresh Vegetables  
Garden Salad/ Garlic Toast  
Rainbow Fruit Cup  
Milk

-12-

Pepperoni Pizza  
Cheese Pizza  
Cobb Salad (Gf)/Carrot Bread  
Garden Side Salad  
Seasoned Peas/Carrots  
Cinnamon Apple Slices/ Lemon-Berry Cup  
Treat /Milk

-19-

Chicken Parmesan on Bun  
Mac & Cheese Pasta (Elbow)/Garlic Toast  
Tuna Sld Sandwich  
Roasted Fresh Vegetables  
Deli Roasters  
Rainbow Fruit Cup  
Milk

-26-

Pepperoni Pizza  
Cheese Pizza  
Cobb Salad (Grilled Ckn)/Carrot Bread  
Garden Side Salad/ Dressing  
Seasoned Peas/Carrots  
Cinnamon Applesauce/  
Milk

### Wednesday

-30-

Beef Tacos/ Salsa  
Cheese Quesadilla  
Chicken Salad Croissant  
Ranchero Beans (Pinto)  
Chopped Salad (Let/Tom)  
Pineapple Tidbits/ Milk

-6-

Beef Spaghetti  
Spaghetti & Marinara w/ Cheese  
Mandarin Chckn Sld W/Dinner Roll  
Cucumber/Grape Tom Salad  
Fresh Carrot/Broc Florets  
Garlic Toast  
Farm Fresh Fruit/Milk

-13-

Fiesta Beef Potato Bowl  
Fiesta (3-Bean) Cheese Potato Bowl  
Chicken Sld Sandwich  
Chopped Salad (Let/Tom)  
Ranchero Beans (Pinto)  
Pineapple Tidbits  
Milk

-20-

Beef Spaghetti  
Spaghetti & Marinara w/ Cheese  
Mandarin Chicken Sld W/Dinner Roll  
Cucumber/Cherry Tom Salad  
Sugar Snap Peas  
Toast, Garlic  
Farm Fresh Fruit/ Milk

-27-

Beef Tacos/ Salsa  
Cheese Quesadilla  
Chicken Salad Croissant  
Ranchero Beans (Pinto)  
Chopped Salad (Let/Tom)  
Pineapple Tidbits  
Milk

### Thursday

-31-

Chicken Nuggets W/ Orange Sc Dip  
Seasoned Brown Rice  
Grilled Chs Sandwich (V)  
SW Chkn Sld (Bd Ckn)/Bkd Corn Chips  
Kyoto Vegetables/Carrot/Celery Dippers-  
Ranch Dressing/ Apple Slices/Apple Crisp  
Milk

-7-

Breaded Chicken Burger (Cheese Opt)  
Three-Bean Chili/ Baked Corn Chips  
Cranbry-Chkn Sld/ Zucchini Bread  
Oven Baked Fries  
Sugar Snap Peas  
Lettuce/Tomato Salad  
Peach/Grapes Cup/Milk

-14-

Chicken Tenders/Dinner Roll  
Grilled Cheese Sandwich (V)  
Sw Chkn Sld/Baked Corn Chps  
Carrot/Celery Dippers  
Mashed Potatoes/Gravy (Opt)  
Farm Fresh Fruit  
Milk

-21-

Grilled Beef Hamburger (Cheese Opt)  
Three-Bean Chili/Baked Corn Chips  
Cranbry-Chicken Sld/Zucchini Bread  
Crinkle Cut Oven Fries  
Lettuce/Tomato Salad  
Peach/Grapes Cup /Milk

-28-

Chicken Nuggets W/ Orange Sc Dip  
Seasoned Brown Rice  
Grilled Chs Sandwich (V)  
SW Chkn Sld (Bd Ckn)/Bkd Corn Chips  
Kyoto Vegetables/Carrot/Celery Dippers-Ranch  
Dressing  
Apple Slices/Apple Crisp  
Milk

### Friday

-1-

Philly Cheese Stk on WG SUB  
Fish Patty/Tartar Sc  
Greek Salad W/Garlic Tst (V)  
Sweet Potato Wedges  
Coleslaw  
Dinner Roll  
Fruit Cup/Milk

-8-

Fish Pattie on WG Bun (Cheese Opt)  
Mac & Cheese Pasta  
Chef Salad/Zucchini Bd  
Lettuce/Tomato Salad  
Honey Glazed Carrots  
Mac & Cheese Side  
Harvest Fruit Cup/Milk

-15-

BBQ Chicken On WG Bun  
Fish Sticks/ WG Sl Bread/Tartar Sc  
Greek Salad W/Zucchini Bread  
Beans, Green Seasoned  
Homemade Coleslaw  
Fruit Cup  
Milk

-22-

Fish Tacos/ Salsa  
Mac & Cheese Pasta  
Chef Salad/Zucchini Bread  
Chopped Salad (Let/Tom)  
Mac & Cheese Side  
Seasoned Peas/Carrots  
Harvest Fruit & Choc Cup/Milk

-29-

Philly Cheese Stk on WG SUB  
Fish Patty on Bun/Tartar Sc  
Greek Salad W/Garlic Tst (V)  
Sweet Potato Wedges  
Coleslaw  
Fruit Cup/Lemon-Berry Cup Treat  
/Milk

### SPECIAL ANNOUNCEMENTS:

*Daily Fresh Fruit & Choice of non-fat milk*

*Menus subject to change based on product availability*

