



AUG-SEPT 2017 SECONDARY MENU

PAC (OWA)



Monday

-28-
Chicken Alfredo Bowtie Pasta
Cheesy Bowtie Pasta
Grilled Ham & Chs Sandwich
House Side Salad
Seasoned Broccoli Florets
Combread/Mandarin Oranges
Milk

-4-

LABOR DAY HOLIDAY

-11-
Chicken Adobo/Stir-Fry Rice
Veggie Stir-Fry Rice/Eggroll
& Peanut Dipping Sc
Grilled Ham & Chs Croissant
Kyoto Vegetables
Mandarin Oranges
Milk

-18-
Chicken Nuggets/ Ranch Dsg
Cheese Breadsticks (3)/Marinara Sc
Chicken Ceasar Salad/CROUTONS
Farm Fresh Carrot/Broccoli Florets
Sweet Potato Wedges
Dinner Roll
Peach Slices/Peach Crisp
Milk

-25-
Chicken Alfredo Bowtie Pasta
Cheesy Bowtie Pasta
Grilled Ham & Chs Sandwich
House Side Salad
Seasoned Broccoli Florets
Combread/Mandarin Oranges
Milk

Tuesday

-29-
Beef Tacos/ Salsa
Cheese Quesadilla
Chicken Salad Croissant
Ranchero Beans (Pinto)
Chopped Salad (Let/Tom)
Pineapple Tidbits
Milk

-5-
Lasagna Roll W/Meatsauce
Cheese Lasagna Roll W/ Marinara Sc
Chef Salad/Zucchini Bd
Roasted Fresh Vegetables
Garden Salad/ Garlic Toast
Rainbow Fruit Cup
Milk

-12-
Fiesta Beef Potato Bowl
Fiesta (3-Bean) Cheese Potato Bowl
Chicken Sld Sandwich
Chopped Salad (Let/Tom)
Ranchero Beans (Pinto)
Pineapple Tidbits
Milk

-19-
Chicken Parmesan on Bun
Mac & Cheese Pasta (Elbow)/Garlic Toast
Tuna Sld Sandwich
Roasted Fresh Vegetables
Deli Roasters
Rainbow Fruit Cup
Milk

-26-
Beef Tacos/ Salsa
Cheese Quesadilla
Chicken Salad Croissant
Ranchero Beans (Pinto)
Chopped Salad (Let/Tom)
Pineapple Tidbits
Milk

Wednesday

-30-
Pepperoni Pizza
Cheese Pizza
Cobb Salad (Grilled Ckn)/Carrot Bread
Garden Side Salad/ Dressing
Seasoned Peas/Carrots
Cinnamon Applesauce/ Milk

-6-
Beef Spaghetti
Spaghetti & Marinara w/ Cheese
Mandarin Chckn Sld W/Dinner Roll
Cucumber/Grape Tom Salad
Fresh Carrot/Broc Florets
Garlic Toast
Farm Fresh Fruit/Milk

-13-
Pepperoni Pizza
Cheese Pizza
Cobb Salad (Gf)/Carrot Bread
Garden Side Salad
Seasoned Peas/Carrots
Cinnamon Apple Slices/ Lemon-Berry Cup
Treat /Milk

-20-
Beef Spaghetti
Spaghetti & Marinara w/ Cheese
Mandarin Chicken Sld W/Dinner Roll
Cucumber/Cherry Tom Salad
Sugar Snap Peas
Toast, Garlic
Farm Fresh Fruit
Milk

-27-
Pepperoni Pizza
Cheese Pizza
Cobb Salad (Grilled Ckn)/Carrot Bread
Garden Side Salad/ Dressing
Seasoned Peas/Carrots
Cinnamon Applesauce/
Milk

Thursday

-31-
Chicken Nuggets W/ Orange Sc Dip
Seasoned Brown Rice
Grilled Chs Sandwich (V)
SW Chkn Sld (Bd Ckn)/Bkd Corn Chips
Kyoto Vegetables/Carrot/Celery Dippers-
Ranch Dressing/ Apple Slices/Apple Crisp
Milk

-7-
Breaded Chicken Burger (Cheese Opt)
Three-Bean Chili/ Baked Corn Chips
Cranbry-Chkn Sld/ Zucchini Bread
Oven Baked Fries
Sugar Snap Peas
Lettuce/Tomato Salad
Peach/Grapes Cup/Milk

-14-
Chicken Tenders/Dinner Roll
Grilled Cheese Sandwich (V)
Sw Chkn Sld/Baked Corn Chips
Carrot/Celery Dippers
Mashed Potatoes/Gravy (Opt)
Farm Fresh Fruit
Milk

-21-
Grilled Beef Hamburger (Cheese Opt)
Three-Bean Chili/Baked Corn Chips
Cranbry-Chicken Sld/Zucchini Bread
Crinkle Cut Oven Fries
Lettuce/Tomato Salad
Peach/Grapes Cup
Milk

-28-
Chicken Nuggets W/ Orange Sc Dip
Seasoned Brown Rice
Grilled Chs Sandwich (V)
SW Chkn Sld (Bd Ckn)/Bkd Corn Chips
Kyoto Vegetables/Carrot/Celery Dippers-Ranch
Dressing
Apple Slices/Apple Crisp
Milk

Friday

-1-
Philly Cheese Stk on WG SUB
Fish Patty/Tartar Sc/Garlic Tst
Greek Salad W/Garlic Tst (V)
Sweet Potato Wedges
Coleslaw
Fruit Cup
Milk

-8-
Fish Pattie on WG Bun (Cheese Opt)
Mac & Cheese Pasta
Chef Salad/Zucchini Bd
Lettuce/Tomato Salad
Honey Glazed Carrots
Mac & Cheese Side
Harvest Fruit Cup/Milk

-15-
BBQ Chicken On WG Bun
Fish Sticks/ WG Sl Bread/Tartar Sc
Greek Salad W/Zucchini Bread
Beans, Green Seasoned
Homemade Coleslaw
Fruit Cup
Milk

-22-
Fish Tacos/ Salsa
Mac & Cheese Pasta
Chef Salad/Zucchini Bread
Chopped Salad (Let/Tom)
Mac & Cheese Side
Seasoned Peas/Carrots
Harvest Fruit & Choc Cup
Milk

-29-
Philly Cheese Stk on WG SUB
Fish Patty on Bun /Tartar Sc
Greek Salad W/Garlic Tst (V)
Sweet Potato Wedges
Coleslaw
Fruit Cup/Lemon-Berry Cup Treat
Milk

SPECIAL ANNOUNCEMENTS:

*Daily Fresh Fruit & Choice of non-fat milk
Menus subject to change based on product availability*

