



# >>> DECEMBER 2021

Region: JAPAN  
Serving Period: BREAKFAST

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
			CinnaRoll Sliders Yogurt Smoothie Fruit Strawberry Kiwi Juice	① Monte Cristo Fruit Strawberry Kiwi Juice Milk	Banana Muffin ① Sausage Fruit Strawberry Kiwi Juice Milk	
5	6	7	8	9	10	11
	① Sausage Slider Fruit Strawberry Kiwi Juice Milk	① Ham Roll Ups Pancakes Fruit Strawberry Kiwi Juice Milk	① All American Breakfast Fruit Strawberry Kiwi Juice Milk	Yogurt Smoothie Waffles Fruit Strawberry Kiwi Juice Milk	Manager's Choice Fruit Strawberry Kiwi Juice Milk	
12	13	14	15	16	17	18
	French Toast w/ ① Bacon (extra) Fruit Strawberry Kiwi Juice Milk	② Biscuit w/Pork Sausage Gravy Fruit Strawberry Kiwi Juice Milk	CinnaRoll Sliders Yogurt Smoothie Fruit Strawberry Kiwi Juice	① Monte Cristo Fruit Strawberry Kiwi Juice Milk	Donut ① Sausage Fruit Strawberry Kiwi Juice Milk	
19	20	21	22	23	24	25
26	27	28	29	30	31	

**FOOD ALLERGIES/SPECIAL DIETS:**

Modifications Made to Safeguard the Well-Being of Our Students. See Cafeteria Supervisor

- ① Pork Free Menu Item
- ② Item may contain Pork

Menu Subject to Change Due to Product Availability  
Available Daily: Lowfat White Milk, Fat Free Chocolate Milk,  
*This institution is an Equal Opportunity Provider* v.1



# >>> DECEMBER 2021

Region: JAPAN  
Serving Period: LUNCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1			1 Teriyaki Wings w/Cornbread <u>Cheese Breadsticks *v*</u> Baked Beans Fruit Milk	2 Drumstick w/ Roll <u>Cheesy Pretzel *v*</u> Corn Pineapple Tidbits Milk	3 <u>Chicken Nachos</u> Cheese Nachos *v* Bell Pepper Sticks Fruit Milk	4
5	6 ② <u>Pork "Fried" Rice</u> <u>Veggie Rice Bowl "v"</u> Green Beans Mandarin Cup Milk	7 <u>Chicken Tenders w/ roll</u> Baked Spaghetti Seasoned Peas & Carrots Peach Cup Milk	8 Cheese Pizza (*V) ② <u>Pepperoni Pizza</u> Seasoned Broccoli Fruit/ Cookie Milk	9 ① <u>Corn Dog</u> <u>Gourmet Grilled Cheese *v*</u> Ranchero Beans Mixed Fruit Milk	10 Hamburger <u>Cheeseburger</u> Teriyaki Pineapple Chicken Sandwich Sweet Potato Fries Pineapple Tidbits Milk	11
12	13 <u>Arroz Con Pollo</u> Broccoli Cheese Soup w/ Veggie Wrap Ranchero Beans Fruit Milk	14 Spaghetti w/Meatballs <u>Alfredo Mac *v*</u> Dark Green Side Salad Fruit Milk	15 <u>Cold Cut Sandwich</u> Chef Salad *v avail* Ranch Fries Mixed Fruit Milk	16 Manger's Choice Coleslaws Roasted Peaches Milk	17 Manager's Choice Honey Glazed Carrots Fruit Milk	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

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VEGETARIAN SALAD OPTION AVAILABLE DAILY

Menu Subject to Change Due to Product Availability  
Available Daily: Lowfat White Milk, Fat Free Chocolate Milk  
UNDERLINED Menu Items are for SureStart Students ONLY

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