



>>> DECEMBER 2021

Region: KOREA
Serving Period: BREAKFAST

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|--|---|--|---|--|----------|
| | | | 1 CinnaRoll Sliders Yogurt Smoothie Fruit Strawberry Kiwi Juice Milk | 2 ① Monte Cristo Fruit Strawberry Kiwi Juice Milk | 3 Variety Muffin ① Sausage Fruit Strawberry Kiwi Juice Milk | 4 |
| 5 | 6 ① Sausage Slider Fruit Strawberry Kiwi Juice Milk | 7 ① Ham Roll Ups Pancakes Fruit Strawberry Kiwi Juice Milk | 8 ① All American Breakfast Fruit Strawberry Kiwi Juice Milk | 9 Yogurt Smoothie Waffles Fruit Strawberry Kiwi Juice Milk | 10 Manager's Choice Fruit Strawberry Kiwi Juice Milk | 11 |
| 12 | 13 French Toast w/ ① Bacon (extra) Fruit Strawberry Kiwi Juice Milk | 14 ② Biscuit w/Pork Sausage Gravy Fruit Strawberry Kiwi Juice Milk | 15 CinnaRoll Sliders Yogurt Smoothie Fruit Strawberry Kiwi Juice Milk | 16 ① Monte Cristo Fruit Strawberry Kiwi Juice Milk | 17 Donut ① Sausage Fruit Strawberry Kiwi Juice Milk | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 | |

FOOD ALLERGIES/SPECIAL DIETS:

Modifications Made to Safeguard the Well-Being of Our Students. See Cafeteria Supervisor

① Pork Free Menu Item

② Item may contain Pork

Menu Subject to Change Due to Product Availability
Available Daily: Lowfat White Milk, Fat Free Chocolate Milk,
This institution is an Equal Opportunity Provider v.1



>>> DECEMBER 2021

Region: KOREA
Serving Period: LUNCH

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|---|--|---|--|---|----------|
| 1 | | | 1 Teriyaki Wings w/Cornbread <u>Cheese Breadsticks *v*</u> Baked Beans Fruit Milk | 2 Drumstick w/ Roll <u>Cheesy Pretzel *v*</u> Corn Pineapple Tidbits Milk | 3 <u>Chicken Nachos</u> Cheese Nachos *v* Bell Pepper Sticks Fruit Milk | 4 |
| 5 | 6 2 <u>Chicken "Fried" Rice</u> <u>Veggie Rice Bowl "v"</u> Green Beans Fruit Milk | 7 <u>Chicken Tenders w/ roll</u> Baked Spaghetti Seasoned Peas & Carrots Peach Cup Milk | 8 Cheese Pizza (*v) 2 <u>Pepperoni Pizza</u> Seasoned Broccoli Fruit/ Cookie Milk | 9 1 <u>Corn Dog</u> <u>Gourmet Grilled Cheese *v*</u> Ranchero Beans Mixed Fruit Milk | 10 Hamburger <u>Cheeseburger</u> Teriyaki Pineapple Chicken Sandwich Sweet Potato Fries Pineapple Tidbits Milk | 11 |
| 12 | 13 <u>Arroz Con Pollo</u> Broccoli Cheese Soup w/ Veggie Wrap Ranchero Beans Fruit Milk | 14 Spaghetti w/Meatballs <u>Alfredo Mac *v*</u> Dark Green Side Salad Fruit Milk | 15 <u>Cold Cut Sandwich</u> Chef Salad *v avail* Ranch Fries Mixed Fruit Milk | 16 Manger's Choice Coleslaws Roasted Peaches Milk | 17 Manager's Choice Honey Glazed Carrots Fruit Milk | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 | |

FOOD ALLERGIES/SPECIAL DIETS:

Modifications Made to Safeguard the Well-Being of Our Students. See Cafeteria Supervisor

- 1 Pork Free Menu Item
- 2 Item may contain Pork

VEGETARIAN SALAD OPTION AVAILABLE DAILY

Menu Subject to Change Due to Product Availability
Available Daily: Lowfat White Milk, Fat Free Chocolate Milk
UNDERLINED Menu Items are for SureStart Students ONLY

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