



>>> DECEMBER 2021

Region: OKINAWA
Serving Period: BREAKFAST

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 CinnaRoll Sliders Yogurt Smoothie Fruit Strawberry Kiwi Juice Milk	2 ① Monte Cristo Fruit Strawberry Kiwi Juice Milk	3 Variety Muffin ① Sausage Fruit Strawberry Kiwi Juice Milk	4
5	6 ① Sausage Slider Fruit Strawberry Kiwi Juice Milk	7 ① Ham Roll Ups Pancakes Fruit Strawberry Kiwi Juice Milk	8 ① All American Breakfast Fruit Strawberry Kiwi Juice Milk	9 Yogurt Smoothie Waffles Fruit Strawberry Kiwi Juice Milk	10 Pancakes w/ Sausage Fruit Strawberry Kiwi Juice Milk	11
12	13 French Toast w/ ① Bacon (extra) Fruit Strawberry Kiwi Juice Milk	14 ② Biscuit w/Pork Sausage Gravy Fruit Strawberry Kiwi Juice Milk	15 CinnaRoll Sliders Yogurt Smoothie Fruit Strawberry Kiwi Juice Milk	16 ① Monte Cristo Fruit Strawberry Kiwi Juice Milk	17 Donut ① Sausage Fruit Strawberry Kiwi Juice Milk	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

FOOD ALLERGIES/SPECIAL DIETS:

Modifications Made to Safeguard the Well-Being of Our Students. See Cafeteria Supervisor

① Pork Free Menu Item

② Item may contain Pork

Menu Subject to Change Due to Product Availability
Available Daily: Lowfat White Milk, Fat Free Chocolate Milk,
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>>> DECEMBER 2021

Region: OKINAWA
Serving Period: LUNCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1			1 Teriyaki Wings w/Cornbread <u>Cheese Breadsticks *v*</u> Baked Beans Fruit Milk	2 Drumstick w/ Roll <u>Cheesy Pretzel *v*</u> Corn Pineapple Tidbits Milk	3 <u>Chicken Nachos</u> Cheese Nachos Bell Pepper Sticks Fruit Milk	4
5	6 2 <u>Chicken "Fried" Rice</u> <u>Veggie Rice Bowl "v"</u> Green Beans Fruit Milk	7 <u>Chicken Tenders w/ roll</u> Baked Spaghetti Seasoned Peas & Carrots Peach Cup Milk	8 Cheese Pizza (*V) 2 <u>Pepperoni Pizza</u> Seasoned Broccoli Fruit/ Cookie Milk	9 1 <u>Corn Dog</u> <u>Gourmet Grilled Cheese *v*</u> Ranchero Beans Mixed Fruit Milk	10 Hamburger <u>Cheeseburger</u> Teriyaki Pineapple Chicken Sandwich Sweet Potato Fries Pineapple Tidbits Milk	11
12	13 <u>Arroz Con Pollo</u> Broccoli Cheese Soup w/ Veggie Wrap Ranchero Beans Fruit Milk	14 Spaghetti w/Meatballs <u>Alfredo Mac *v*</u> Dark Green Side Salad Fruit Milk	15 <u>Cold Cut Sandwich</u> Chef Salad *v avail* Ranch Fries Mixed Fruit Milk	16 Manger's Choice Coleslaws Roasted Peaches Milk	17 Manager's Choice Honey Glazed Carrots Fruit Milk	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

FOOD ALLERGIES/SPECIAL DIETS:

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- 1 Pork Free Menu Item
- 2 Item may contain Pork

VEGETARIAN SALAD OPTION AVAILABLE DAILY

Menu Subject to Change Due to Product Availability
Available Daily: Lowfat White Milk, Fat Free Chocolate Milk
UNDERLINED Menu Items are for SureStart Students ONLY

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