




## FEBRUARY 2019 MENU CALENDAR

**SURE START (BOLD & UNDERLINED)**

EUROPE-1/11/2019

Monday	Tuesday	Wednesday	Thursday	Friday
				-1- Beef Street Taco (Seasoned Beef) Pico de Gallo Sauce <b>Fish Burger/Tartar Sauce</b> Greek Salad w/Garlic Baguette (V) <b><u>Tex-Mex Style Beans/Cilantro-Lime Rice</u></b> <b><u>Chopped Salad (Lettuce/Tomato)</u></b> <b><u>Mandarin Oranges</u></b> <b>Asst. Milk</b>
-4- <b>Beef-Cheese Burger (Cheese-Opt)</b> Breaded Chicken Burger Three Bean Chili Cheese w/Cornbread (V) <b>Oven Baked Fries / 3-Bean Side Veg</b> <b>Burger Side Salad</b> <b>(Greens/Tom/Dills/Mayo)</b> <b>Peach/Grape Fruit Cup</b> <b>Asst. Milk</b>	-5- Lasagna Roll w/Meat Sauce Lasagna Roll w/Pizza Sauce (V) <b>Chef Entree Salad (Sliced Ham/Egg/Chs)</b> Garlic Baguette <b>Cucumber-Tom Side Salad</b> <b>Seasoned Broccoli Florets</b> <b>Pineapple Tidbits</b> <b>Asst. Milk</b>	-6- <b>Chicken &amp; Fresh Veggie Pho/Noodles</b> Cheese Breadsticks/Marinara (V) Chicken Sausage on Slider Buns (2) <b>Zesty Coleslaw</b> <b>Seasoned Green Peas</b> <b>Peach Smiles OR Peach Crisp</b> <b>Asst. Milk</b>	-7- <b>Chicken Tenders/ Dinner Roll</b> Grilled Cheese Sandwich (V) Chkn Caesar Salad (Grid Chkn) Dinner Roll <b>Mashed Potatoes/ Brown Gravy</b> <b>Carrot/Celery Dippers/ FF Ranch Drsg</b> <b>Cinnamon Applesauce &amp; Granola</b> <b>Asst. Milk</b>	-8- <b>Fish Patty &amp; Tartar Sc / Mac &amp; Chs Side</b> Macaroni & Cheese Pasta (V) Chef Entree Salad (Sliced Ham/Egg/Chs) With Goldfish Crax <b>Seasoned Corn</b> <b>Greens-Cherry Tomato Side Salad</b> <b>Farm Fresh Fruit in Season</b> <b>Asst. Milk</b>
-11- Parmesan Chicken Burger <b>Breaded Chicken Burger</b> Greek Entree Sld (Grid Chkn) Dinner Roll (V) <b>Burger Side Salad</b> <b>(Greens/Tom/Dills/Mayo)</b> <b>Honey Glazed Carrots</b> <b>Cinnamon Applesauce</b> <b>Asst. Milk</b>	-12- Chkn Alfredo Pasta/Garlic Baguette (Pulled Chkn & Pasta) Broccoli-Cheese Soup/Goldfish Crax (V) <b>Grilled Ham &amp; Cheese Sandwich</b> <b>House Side Salad/Dressing (Opt)</b> <b>Seasoned Peas &amp; Carrots</b> <b>Rainbow Fruit Cups</b> <b>Asst. Milk</b>	-13- <b>Pepperoni</b> or Hamburger <b>Pizza</b> (Beef) Cheese Pizza (V) Chkn Caesar Sld (Grid Chkn) Garlic Baguette <b>Caesar Side Salad / Vinaigrette Drsg</b> <b>Seasoned Green Beans</b> <b>Fresh Grapes</b> <b>Milk, Asst.</b>	-14- <b>HAPPY VALENTINE'S DAYS</b> Chicken Drumstick/Dinner Roll <b>Grilled Cheese Sandwich (V)</b> SW Crispy Nuggets Salad w/Salsa & Chips <b>Seasoned Whole Kernel Corn</b> <b>Carrot/Celery Dippers/ FF Ranch Drsg</b> <b>Peach Smiles &amp; Valentine CC Cooke</b> <b>Asst. Milk</b>	-15- <b>Beef Steak Quesadillas (Seasoned Beef)</b> Fish Burger/Tartar Sauce Cheese Quesadillas (WG Tortilla) (V) <b>Ranchero-Style Beans</b> <b>Spanish Rice</b> <b>Mandarin Oranges</b> <b>Asst. Milk</b>
-18- 	-19- Spicy Egg Bite on Bun (2) (V) OR <b>Chicken Sausage on Slider Buns (2)</b> Chef Entree Salad (Sliced Ham/Egg/Chs) <b>Goldfish Crax / Deli-Roasters</b> <b>Garden Side Salad / Drsg (Opt.)</b> <b>Pineapple Tidbits</b> <b>Asst. Milk</b>	-20- <b>Spaghetti &amp; Meat sauce/ Garlic Baguette</b> Spaghetti & Marinara (V)/ Garlic Baguette Spicy Egg Bite on Bun (2) (V) <b>Cucumber-Tom Salad</b> <b>Honey-Glazed Carrots</b> <b>Farm Fresh Fruit in Season</b> <b>Asst. Milk</b>	-21- <b>Chicken Tenders/Dinner Roll</b> Cheese Breadsticks/Marinara Sc (V) Peanut Butter & Jelly Sandwich (V) Chkn Caesar Salad (Grid Chkn) Dinner Roll <b>Mashed Potatoes</b> <b>Caesar Side Salad/Vinaigrette Drsg</b> <b>Cinnamon Apple Slices &amp; Apple Crisp</b> <b>Asst. Milk</b>	-22- Fish Patty/Tartar Sc & Mac-Chs Side <b>Macaroni &amp; Cheese Pasta (V)</b> Chef Entree Salad (Sliced Ham/Egg/Chs) <b>Dinner Roll</b> <b>Greens-Cherry Tomato Side Salad</b> <b>Seasoned Green Peas</b> <b>Harvest Fruit Cup</b> <b>Asst. Milk</b>
-25- <b>Chicken Drumstick/ Garlic Baguette</b> Mediterranean Chicken Wrap (Grid Chkn) Greek Entree Salad (V) Garlic Baguette <b>Chopped Salad (Lettuce/Tomato)</b> <b>3-Bean Side Vegetable</b> <b>Fresh Grapes</b> <b>Asst. Milk</b>	-26- Chicken Alfredo Pasta (Pulled Chkn & Pasta) Broccoli-Cheese Soup/Goldfish Crax (V) <b>Grilled Ham &amp; Cheese Croissant</b> <b>Seasoned Green Beans</b> <b>Carrot/Celery Dippers/FF Ranch Drsg</b> <b>Rainbow Fruit Cup</b> <b>Asst. Milk</b>	-27- <b>Pepperoni</b> or Hawaiian <b>Pizza</b> (Ham/PA) Cheese Pizza (V) Chkn Caesar Salad (Grid Chkn) Dinner Roll <b>Garden Side Salad</b> <b>Seasoned Corn</b> <b>Emoji Fruit Cup</b> <b>Asst. Milk</b>	-28- <b>Hunan Chicken Nuggets w/Rice</b> Grilled Cheese Sandwich (V) SW Crispy Nuggets Salad w/ Salsa & Chips <b>Kyoto Vegetable Blend</b> <b>Cinnamon Apple Slices OR Apple Crisp</b> <b>Asst. Milk</b>	

**SPECIAL ANNOUNCEMENTS: v**

Menu Subject To Change Due To Product Availability

**NUTRITIOUS OPTIONS:**

Whole Grains and Fresh Fruit Served Daily

Milk (Non-Fat Flavored Milk and 1% Unflavored Milk)

**DAILY VEGETARIAN OPTION (V) FOOD ALLERGIES/SPECIAL DIETS:**

Modifications Made To Safeguard The Well-Being Of Our Students. See Cafeteria Supervisor.