




## FEBRUARY 2019 MENU CALENDAR

**SURE START (BOLD & UNDERLINED)**

OKINAWA-1/11/2019

Monday	Tuesday	Wednesday	Thursday	Friday
				-1- Beef Street Taco (Seasoned Beef) Pico de Gallo Sauce <b>Fish Burger/Tartar Sauce</b> Greek Salad w/Garlic Baguette (V) <b><u>Tex-Mex Style Beans/Cilantro-Lime Rice</u></b> <b><u>Chopped Salad (Lettuce/Tomato)</u></b> <b><u>Mandarin Oranges</u></b> <b>Asst. Milk</b>
-4- <b>Beef Nachoes</b> Breaded Chicken Burger Three Bean Chili Cheese w/Cornbread (V) <b><u>Oven Baked Fries / 3-Bean Side Veg</u></b> <b>Burger Side Salad</b> <b>(Greens/Tom/Dills/Mayo)</b> <b><u>Peach/Grape Fruit Cup</u></b> <b>Asst. Milk</b>	-5- Lasagna Roll w/Meatsauce Lasagna Roll w/Pizza Sauce (V) <b><u>Chef Entree Salad (Sliced Ham/Egg/Chs)</u></b> Garlic Baguette <b><u>Cucumber-Tom Side Salad</u></b> <b><u>Seasoned Broccoli Florets</u></b> <b><u>Pineapple Tidbits</u></b> <b>Asst. Milk</b>	-6- <b><u>Chicken &amp; Fresh Veggie Pho/Noodles</u></b> Cheese Breadsticks/Marinara (V) Chicken Sausage on Slider Buns (2) <b><u>Zesty Coleslaw</u></b> <b><u>Seasoned Green Peas</u></b> <b><u>Peach Smiles OR Peach Crisp</u></b> <b>Asst. Milk</b>	-7- <b><u>Chicken Tenders/ Dinner Roll</u></b> Grilled Cheese Sandwich (V) Chkn Caesar Salad (Grid Chkn) Dinner Roll <b><u>Mashed Potatoes/ Brown Gravy</u></b> <b><u>Carrot/Celery Dippers/ FF Ranch Drsg</u></b> <b><u>Cinnamon Applesauce &amp; Granola</u></b> <b>Asst. Milk</b>	-8- <b><u>Fish Patty &amp; Tartar Sc / Mac &amp; Chs Side</u></b> Macaroni & Cheese Pasta (V) Chef Entree Salad (Sliced Ham/Egg/Chs) With Goldfish Crax <b><u>Seasoned Corn</u></b> <b><u>Greens-Cherry Tomato Side Salad</u></b> <b><u>Farm Fresh Fruit in Season</u></b> <b>Asst. Milk</b>
-11- Parmesan Chicken Burger <b><u>Grilled Chicken Burger</u></b> Greek Entree Sld (Grid Chkn) Dinner Roll (V) <b>Burger Side Salad</b> <b>(Greens/Tom/Dills/Mayo)</b> <b><u>Honey Glazed Carrots</u></b> <b><u>Cinnamon Applesauce</u></b> <b>Asst. Milk</b>	-12- Chkn Alfredo Pasta/Garlic Baguette (Grilled Chkn & Pasta) Broccoli-Cheese Soup/Goldfish Crax (V) <b><u>Grilled Ham &amp; Cheese Sandwich</u></b> <b><u>House Side Salad/Dressing (Opt)</u></b> <b><u>Seasoned Peas &amp; Carrots</u></b> <b><u>Rainbow Fruit Cups</u></b> <b>Asst. Milk</b>	-13- <b><u>Pepperoni</u></b> or Hamburger <b><u>Pizza</u></b> (Beef) Cheese Pizza (V) Chkn Caesar Sld (Grid Chkn) Garlic Baguette <b><u>Caesar Side Salad / Vinaigrette Drsg</u></b> <b><u>Seasoned Green Beans</u></b> <b><u>Fresh Grapes</u></b> <b>Milk, Asst.</b>	-14- <b>HAPPY VALENTINE'S DAYS</b> Chicken Drumstick/Dinner Roll <b><u>Grilled Cheese Sandwich (V)</u></b> SW Crispy Nuggets Salad w/Salsa & Chips <b><u>Seasoned Whole Kernel Corn</u></b> <b><u>Carrot/Celery Dippers/ FF Ranch Drsg</u></b> <b><u>Peach Smiles &amp; Valentine CC Cooke</u></b> <b>Asst. Milk</b>	-15- <b><u>Beef Steak Quesadillas (Seasoned Beef)</u></b> Fish Burger/Tartar Sauce Cheese Quesadillas (WG Tortilla) (V) <b><u>Ranchero-Style Beans</u></b> <b><u>Spanish Rice</u></b> <b><u>Mandarin Oranges</u></b> <b>Asst. Milk</b>
-18- 	-19- Spicy Egg Bite on Bun (2) (V) OR <b><u>Chicken Sausage on Slider Buns (2)</u></b> Chef Entree Salad (Sliced Ham/Egg/Chs) <b><u>Goldfish Crax / Deli-Roasters</u></b> <b><u>Garden Side Salad / Drsg (Opt.)</u></b> <b><u>Pineapple Tidbits</u></b> <b>Asst. Milk</b>	-20- <b><u>Spaghetti &amp; Meatsauce/ Garlic Baguette</u></b> Spaghetti & Marinara (V) Garlic Baguette Spicy Egg Bite on Bun (2) (V) <b><u>Cucumber-Tom Salad</u></b> <b><u>Honey-Glazed Carrots</u></b> <b><u>Farm Fresh Fruit in Season</u></b> <b>Asst. Milk</b>	-21- <b><u>Chicken Tenders/Dinner Roll</u></b> Cheese Breadsticks/Marinara Sc (V) Peanut Butter & Jelly Sandwich (V) Chkn Caesar Salad (Grid Chkn) Dinner Roll <b><u>Mashed Potatoes</u></b> <b><u>Caesar Side Salad/Vinaigrette Drsg</u></b> <b><u>Cinnamon Apple Slices &amp; Apple Crisp</u></b> <b>Asst. Milk</b>	-22- Fish Patty/Tartar Sc & Mac-Chs Side <b><u>Macaroni &amp; Cheese Pasta (V)</u></b> Chef Entree Salad (Sliced Ham/Egg/Chs) <b><u>Dinner Roll</u></b> <b><u>Greens-Cherry Tomato Side Salad</u></b> <b><u>Seasoned Green Peas</u></b> <b><u>Harvest Fruit Cup</u></b> <b>Asst. Milk</b>
-25- <b><u>Chicken Drumstick/ Garlic Baguette</u></b> Mediterranean Chicken Wrap (Grid Chkn) Greek Entree Salad (V) Garlic Baguette <b><u>Chopped Salad (Lettuce/Tomato)</u></b> <b><u>3-Bean Side Vegetable</u></b> <b><u>Fresh Grapes</u></b> <b>Asst. Milk</b>	-26- Chicken Alfredo Pasta (Pulled Chkn & Pasta) Broccoli-Cheese Soup/Goldfish Crax (V) <b><u>Grilled Ham &amp; Cheese Croissant</u></b> <b><u>Seasoned Green Beans</u></b> <b><u>Carrot/Celery Dippers/FF Ranch Drsg</u></b> <b><u>Rainbow Fruit Cup</u></b> <b>Asst. Milk</b>	-27- <b><u>Pepperoni</u></b> or Hawaiian <b><u>Pizza</u></b> (Ham/PA) Cheese Pizza (V) Chkn Caesar Salad (Grid Chkn) Dinner Roll <b><u>Garden Side Salad</u></b> <b><u>Seasoned Corn</u></b> <b><u>Emojii Fruit Cup</u></b> <b>Asst. Milk</b>	-28- <b><u>Hunan Chicken Nuggets w/Rice</u></b> Grilled Cheese Sandwich (V) SW Crispy Nuggets Salad w/ Salsa & Chips <b><u>Kyoto Vegetables</u></b> <b><u>Cinnamon Apple Slices OR Apple Crisp</u></b> <b>Asst. Milk</b>	

**SPECIAL ANNOUNCEMENTS: v**

Menu Subject To Change Due To Product Availability

**NUTRITIOUS OPTIONS:**

Whole Grains and Fresh Fruit Served Daily

Milk (Non-Fat Flavored Milk and 1% Unflavored Milk)

**DAILY VEGETARIAN OPTION (V) FOOD ALLERGIES/SPECIAL DIETS:**

Modifications Made To Safeguard The Well-Being Of Our Students. See Cafeteria Supervisor.