



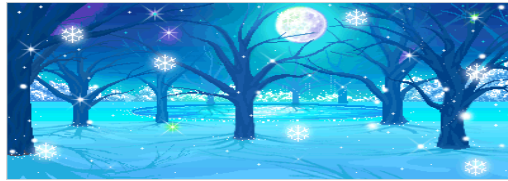
# JANUARY 2019 MENU CALENDAR ELEMENTARY/SURE-START & SECONDARY

EUROPE /JAPAN /OKINAWA/ JAPAN- 12/13/2018

SURE START (BOLD & UNDERLINED)

Monday	Tuesday	Wednesday	Thursday	Friday
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-JAN 1-



-2-  
**Pepperoni Pizza** or Hawaiian Pizza (Ham/PA)  
Cheese Pizza (V)  
Ckn Caesar Salad (Grilled Chicken)/Dinner Roll  
**Garden Side Salad**  
**Seasoned Corn**  
**Emoji Fruit Cup**  
**Asst. Milk**

-3-  
**Hunan Chicken Nuggets w/Rice**  
Grilled Cheese Sandwich (V)  
SW Crispy Nuggets Salad w/Salsa & Chips  
**Kyoto Vegetable Blend**  
**Cinnamon Apple Slices** OR Apple Crisp  
**Asst. Milk**

-4-  
Beef Street Taco (Seasoned Beef)  
Pico de Gallo Sauce  
**Fish Burger/Tartar Sauce**  
Greek Salad w/Goldfish Crax (V)  
**Tex-Mex Style Beans/Cilantro-Lime Rice**  
**Chopped Salad (Lettuce/Tomato)**  
**Mandarin Oranges**  
**Asst. Milk**

-7-

**Beef-Cheese Burger (Cheese-Opt)**  
Breaded Chicken Burger  
Three Bean Chili Cheese w/Cornbread (V)  
**Oven Baked Fries / 3-Bean Side Veg**  
**Burger Side Salad**  
**(Greens/Tom/Dills/Mayo)**  
**Peach/Grape Fruit Cup / Asst. Milk**

-8-  
Lasagna Roll w/Meat Sauce  
**Lasagna Roll w/Pizza Sauce(V)**  
Chef Entree Salad (Sliced Ham/Egg/Chs)  
Garlic Baguette  
**Cucumber-Tom Side Salad**  
**Seasoned Broccoli Florets**  
**Pineapple Tidbits / Asst. Milk**

-9-  
**Chicken & Fresh Veggie Pho/Noodles**  
Cheese Breadsticks/Marinara (V)  
Chicken Salad Croissant  
**Zesty Coleslaw**  
**Seasoned Green Peas**  
**Peach Smiles OR Peach Crisp**  
**Asst. Milk**

-10-  
**Chicken Tenders/ Dinner Roll**  
Grilled Cheese Sandwich (V)  
Chkn Caesar Salad (Grilled Chicken) Dinner Roll  
**Mashed Potatoes/ Brown Gravy**  
**Carrot/Celery Dippers/ FF Ranch Drsg**  
**Cinnamon Applesauce & Granola**  
**Asst. Milk**

-11-  
**Fish Sticks & Tartar Sc/ Mac & Chs Side**  
Macaroni & Cheese Pasta (V)  
Chef Entree Salad (Sliced Ham/Egg/Chs)  
With Goldfish Crax  
**Seasoned Corn**  
**Greens-Cherry Tomato Side Salad**  
**Farm Fresh Fruit in Season**  
**Asst. Milk**

-14-

Parmesan Chicken (Grilled Filet) Burger  
**Breaded Chicken Burger**  
Greek Entree Sld(Grld Ckn) Dinner Roll(V)  
Burger Side Salad(Greens/Tom/Dills/Mayo)  
**Honey Glazed Carrots**  
**Cinnamon Applesauce**  
**Asst. Milk**

-15-  
Chkn Alfredo Pasta/Garlic Baguette  
(Pulled Ckn & Pasta)  
Broccoli-Cheese Soup/Goldfish Crax(V)  
**Grilled Ham & Cheese Sandwich**  
**House Side Salad/Dressing (Opt)**  
**Seasoned Peas & Carrots**  
**Rainbow Fruit Cups / Asst. Milk**

-16-  
**Pepperoni** or Hamburger **Pizza** (Beef)  
Cheese Pizza (V)  
Chkn Caesar Sld(Grilled Chicken)  
Garlic Baguette  
**Caesar Side Salad / Vinaigrette Dressing**  
**Seasoned Green Beans**  
**Fresh Grapes / Milk, Asst.**

-17-  
**Chicken Drumstick/Dinner Roll**  
Grilled Cheese Sandwich (V)  
SW Crispy Nuggets Salad w/Salsa & Chips  
**Seasoned Whole Kernel Corn**  
**Carrot/Celery Dippers/ FF Ranch**  
**Dressing**  
**Peach Smiles**  
**Asst. Milk**

-18-  
**Beef Steak Quesadillas (Seasoned Beef)**  
Fish Burger/Tartar Sauce  
Cheese Quesadillas (WG Tortilla) (V)  
**Ranchero-Style Beans**  
**Spanish Rice**  
**Mandarin Oranges**  
**Asst. Milk**

-21-



-22-  
Spicy Egg on Bun (V) (2) OR  
**Chicken Sausage on Slider Bun (2)**  
Chef Entree Salad (Sliced Ham/Egg/Chs)  
**Goldfish Crax / Deli-Roasters**  
**Garden Side Salad/ Dressing (Opt)**  
**Pineapple Tidbits / Asst. Milk**

-23-  
**Spaghetti & Meatsauce/ Garlic Baguette**  
Spaghetti & Marinara(v)/ Garlic Baguette  
Chicken Salad Croissant  
**Cucumber-Tom Sld/ Honey-Glazed**  
**Carrots**  
**Farm Fresh Fruit in Season**  
**Asst. Milk**

-24-  
**Chicken Tenders/Dinner Roll**  
Cheese Breadsticks/Marinara Sc (V)  
Chkn Caesar (Grilled Chicken) Salad/Dinner Roll  
**Mashed Potatoes**  
**Caesar Side Salad/Vinaigrette Drsg**  
**Cinnamon Apple Slices & Granola**  
**Asst. Milk**

-25-  
NO SCHOOL

-28-

**Chicken Drumstick/ Garlic Baguette**  
Mediterranean Chicken Wrap (Grilled Chicken)  
Greek Entree Salad(V) Garlic Baguette  
**Chopped Salad (Lettuce/Tomato)**  
**Confetti Rice**  
**Fresh Grapes**  
**Asst. Milk**

-29-  
Chicken Alfredo Pasta (Pulled Ckn & Pasta)  
Broccoli-Cheese Soup/Goldfish Crax (V)  
**Grilled Ham & Cheese Croissant**  
**Seasoned Green Beans**  
**Carrot/Celery Dippers/FF Ranch Dressing**  
**Rainbow Fruit Cup**  
**Asst. Milk**

-30-  
**Pepperoni Pizza** or Hawaiian Pizza (Ham/PA)  
Cheese Pizza (V)  
Ckn Caesar Salad (Grilled Chicken)/Dinner Roll  
**Garden Side Salad**  
**Seasoned Corn**  
**Emoji Fruit Cup**  
**Asst. Milk**

-31-  
**Hunan Chicken Nuggets w/Rice**  
Grilled Cheese Sandwich (V)  
SW Crispy Nuggets Salad w/Salsa & Chips  
**Kyoto Vegetable Blend**  
**Cinnamon Apple Slices OR Apple Crisp**  
**Asst. Milk**



**SPECIAL ANNOUNCEMENTS:**

Menu Subject To Change Due To Product Availability

**NUTRITIOUS OPTIONS:**

Whole Grains and Fresh Fruit Served Daily

Milk (Non-Fat Flavored Milk and 1% Unflavored Milk)

**DAILY VEGETARIAN OPTION (V)**

**FOOD ALLERGIES/SPECIAL DIETS:**

Modifications Made To Safeguard The Well-Being Of Our Students. See Cafeteria Supervisor.