




MAY 2019 LUNCH MENU CALENDAR



OKINAWA – 04/11/2019

Monday	Tuesday	Wednesday	Thursday	Friday
		-1- <u>Chicken & Fresh Veggie Pho/Noodles</u> Cheese Breadsticks/Marinara (V) Chicken Salad Croissant <u>Zesty Coleslaw</u> <u>Seasoned Green Peas</u> <u>Peach Smiles / Peach Crisp</u> <u>Asst. Milk</u>	-2- <u>Chicken Tenders w/Dinner Roll</u> Grilled Cheese Sandwich (V) Grilled Chicken Caesar Salad w/Dinner Roll <u>Mashed Potatoes/Brown Gravy</u> <u>Carrot/Celery Dippers/FF Ranch Dressing</u> <u>Cinnamon Applesauce & Granola</u> <u>Asst. Milk</u>	-3- <u>Fish Sticks & Tartar Sc/Mac & Chs Side</u> Macaroni & Cheese Pasta (V) Chef Entree Salad (Sliced Ham/Egg/Cheese) Dinner Roll <u>Seasoned Green Peas</u> <u>Greens-Cherry Tomato Side Salad</u> <u>Farm Fresh Fruit in Season</u> <u>Asst. Milk</u>
-6- <u>Parmesan Chicken Burger</u> Breaded Chicken Burger Greek Entree Salad Dinner Roll (V) <u>Burger Side Salad</u> (Greens/Tom/Dills/Mayo) Honey Glazed Carrots <u>Cinnamon Applesauce</u> <u>Asst. Milk</u>	-7- <u>Chicken Alfredo Pasta/Garlic Baguette (Pulled Chicken & Pasta)</u> Broccoli-Cheese Soup w/Garlic Baguette (V) Grilled Ham & Cheese Sandwich <u>House Side Salad w/Dressing (Opt)</u> <u>Seasoned Peas & Carrots</u> <u>Rainbow Fruit Cups</u> <u>Asst. Milk</u>	-8- <u>Pepperoni</u> or Hamburger Pizza (Beef) Cheese Pizza (V) Grilled Chicken Caesar Salad w/Garlic Baguette Caesar Side Salad/Vinaigrette Dressing <u>Seasoned Green Beans</u> <u>Fresh Grapes</u> <u>Asst. Milk</u>	-9- <u>Chicken Drumstick/Dinner Roll</u> Grilled Cheese Sandwich (V) SW Crispy Nugget Salad w/Salsa & Chips Seasoned Whole Kernel Corn <u>Carrot/Celery Dippers/FF Ranch Dressing</u> <u>Peach Smiles</u> <u>Asst. Milk</u>	-10- <u>Beef Nacho Bowl</u> Fish Stick Burger/Tartar Sauce Cheese Nacho Bowl (V) <u>Ranchero-Style Beans</u> <u>Mandarin Oranges</u> <u>Asst. Milk</u>
-13- <u>Philly Cheese Steak</u> Breaded Chicken Burger Three Bean Chili Cheese Nachos (V) <u>Oven Baked Fries</u> /3-Bean Side Veg <u>Burger Side Salad</u> (Greens/Tom/Dills/Mayo) <u>Peach / Fresh Grape Cup</u> <u>Asst. Milk</u>	-14- <u>French Toast Sticks w/Syrup (V)</u> Chicken Sausage on Slider Buns (2) Chef Entree Salad (Sliced Ham/Egg/Cheese) Garlic Baguette / Deli-Roasters <u>Garden Side Salad/Dressing (Opt.)</u> <u>Pineapple Tidbits</u> <u>Asst. Milk</u>	-15- <u>Spaghetti & Meatsauce w/Garlic Baguette</u> Spaghetti & Marinara /Garlic Baguette (V) Chicken Salad Croissant <u>Cucumber-Tomato Salad</u> Honey-Glazed Carrots <u>Farm Fresh Fruit in Season</u> <u>Asst. Milk</u>	-16- <u>Hunan Chicken w/Broccoli & Rice</u> Cheese Breadsticks/Marinara Sauce (V) Grilled Chicken Caesar Salad w/Dinner Roll <u>Mashed Potatoes</u> <u>Caesar Side Salad w/Vinaigrette Dressing</u> <u>Cinnamon Apple Slices / Apple Crisp</u> <u>Asst. Milk</u>	-17- <u>Fish Sticks & Tartar Sc/Mac & Chs Side</u> Macaroni & Cheese Pasta (V) Chef Salad Entree (Sliced Ham/Egg/Cheese) Dinner Roll Seasoned Green Peas <u>Greens-Cherry Tomato Side Salad</u> <u>Farm Fresh Fruit in Season</u> <u>Asst. Milk</u>
-20- <u>Chicken Drumstick/Garlic Baguette</u> Mediterranean Grilled Chicken Wrap Greek Entree Salad w/Garlic Baguette (V) <u>Chopped Salad (Lettuce/Tomato)</u> <u>Seasoned Corn</u> <u>Fresh Grapes</u> <u>Asst. Milk</u>	-21- <u>Chicken Alfredo Pasta (Pulled Chicken & Pasta)</u> Broccoli-Cheese Soup/Garlic Baguette (V) Grilled Ham & Cheese Croissant <u>Seasoned Green Beans</u> <u>Carrot/Celery Dippers/FF Ranch Dressing</u> <u>Rainbow Fruit Cup</u> <u>Asst. Milk</u>	-22- <u>Pepperoni</u> or Hawaiian Pizza (Ham/PA) Cheese Pizza (V) Grilled Chicken Caesar Salad w/Dinner Roll <u>Garden Side Salad</u> <u>Ranchero Beans</u> <u>Emoji Fruit Cup</u> <u>Asst. Milk</u>	-23- <u>Hunan Chicken w/Broccoli & Rice</u> Grilled Cheese Sandwich (V) SW Crispy Nuggets Salad w/Salsa & Chips <u>Kyoto Vegetable Blend</u> <u>Cinnamon Apple Slices / Apple Crisp</u> <u>Asst. Milk</u>	-24- <u>Beef Street Taco (Seasoned Beef)</u> Fish Stick Taco Greek Salad w/Garlic Baguette (V) Zesty Coleslaw <u>Chopped Salad (Lettuce/Tomato)</u> <u>Mandarin Oranges</u> <u>Asst. Milk</u>
	-28- <u>Lasagna Roll w/Meat Sauce</u> Lasagna Roll w/Pizza Sauce (V) Chef Entree Salad (Sliced Ham/Egg/Cheese) Garlic Baguette <u>Cucumber-Tomato Salad</u> <u>Seasoned Broccoli Florets</u> <u>Pineapple Tidbits</u> <u>Asst. Milk</u>	-29- <u>Chicken & Fresh Veggie Pho/Noodles</u> Cheese Breadsticks/Marinara (V) Chicken Salad Croissant <u>Zesty Coleslaw</u> <u>Seasoned Green Peas</u> <u>Peach Smiles / Peach Crisp</u> <u>Asst. Milk</u>	-30- <u>Chicken Drumstick w/Dinner Roll</u> Grilled Cheese Sandwich (V) Grilled Chicken Caesar Salad w/Dinner Roll <u>Mashed Potatoes/ Brown Gravy</u> <u>Carrot/Celery Dippers/FF Ranch Dressing</u> <u>Cinnamon Applesauce & Granola</u> <u>Asst. Milk</u>	-31- <u>Fish Sticks & Tartar Sc/Mac & Chs Side</u> Macaroni & Cheese Pasta (V) Chef Entree Salad (Sliced Ham/Egg/Cheese) Dinner Roll <u>Seasoned Green Peas</u> <u>Greens-Cherry Tomato Side Salad</u> <u>Farm Fresh Fruit in Season</u> <u>Asst. Milk</u>

SPECIAL ANNOUNCEMENTS:

Menu Subject To Change Due To Product Availability

DAILY VEGETARIAN OPTION (V)

SURE START ITEMS (BOLD & UNDERLINED)

NUTRITIOUS OPTIONS:

Whole Grains and Fresh Fruit Served Daily
Milk (Non-Fat Flavored Milk and 1% Unflavored Milk)

FOOD ALLERGIES/SPECIAL DIETS:

Modifications Made To Safeguard The Well-Being Of Our Students. See Cafeteria Supervisor.