



>>> October 2021

Region: JAPAN
Serving Period: BREAKFAST

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	1	2
					Apple Cinnamon Toast ①Bacon Fruit Strawberry/Kiwi Juice Milk	
3	4	5	6	7	8	9
	Pancake Scrambled Egg Fruit Strawberry/Kiwi Juice Milk	②Sausage Croissant Fruit Strawberry/Kiwi Juice Milk	French Toast ①Bacon Fruit Strawberry/Kiwi Juice Milk	①Croissant w/Egg & Ham Fruit Strawberry/Kiwi Juice Milk	Waffles ①Bacon Fruit Strawberry/Kiwi Juice Milk	
10	11	12	13	14	15	16
	Banana Muffin Scrambled Egg Fruit Strawberry/Kiwi Juice Milk	①Monte Cristo Fruit Strawberry/Kiwi Juice Milk	Cinnamon Roll Sliders ①Bacon Fruit Strawberry/Kiwi Juice Milk	Pancake ①Bacon Fruit Strawberry/Kiwi Juice Milk	Apple Cinnamon Toast ①Bacon Fruit Strawberry/Kiwi Juice Milk	
17	18	19	20	21	22	23
	Apple Cinnamon Toast ①Sausage Fruit Strawberry/Kiwi Juice Milk	Waffles ①Bacon Fruit Strawberry/Kiwi Juice Milk	①Ham & Cheese Croissant Fruit Strawberry/Kiwi Juice Milk	French Toast Scrambled Egg Fruit Strawberry/Kiwi Juice Milk	Donut ①Sausage Fruit Strawberry/Kiwi Juice Milk	
24	25	26	27	28	29	30
31	①B.E.S.T. Sandwich Fruit Strawberry/Kiwi Juice Milk	②Sausage Gravy w/Biscuit Fruit Strawberry/Kiwi Juice Milk	Banana Muffin ①Sausage Fruit Strawberry/Kiwi Juice Milk	French Toast ①Bacon Fruit Strawberry/Kiwi Juice Milk	①Sausage Croissant Fruit Strawberry/Kiwi Juice Milk	

FOOD ALLERGIES/SPECIAL DIETS:

Modifications Made to Safeguard the Well-Being of Our Students. See Cafeteria Supervisor

① Pork Free Menu Item

② Item may contain Pork

Menu Subject to Change Due to Product Availability
Available Daily: Lowfat White Milk, Fat Free Chocolate Milk,
Choice of Fruit Juice

This institution is an Equal Opportunity Provider v.1



>>> October 2021

Region: JAPAN
Serving Period: LUNCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	1	2
					Honey Lime Wings w/Pretzels Cucumber Salad Fruit Milk	
3	4	5	6	7	8	9
	Chicken Noodle Soup Cherry Tomato Dippers Mandarin Cup Milk	Beef Sticks w/Dinner Roll Dark Green Salad Peaches w/Granola Milk	Sweet/Sour Nuggets w/Rice Ranch Peas Fruit Milk	Cheese Breadsticks w/Marinara Baked Beans Fruit Milk	Meatball Sub Bell Pepper Strips Fruit Milk	
10	11	12	13	14	15	16
10 National School Lunch Week 11 - 15	② Pork "Fried" Rice Honey Glazed Carrots Pineapple Tidbits Milk	Baked Spaghetti *V* Garlic Baguette Green Peas + Carrots Peaches w/Granola Milk	② Pepperoni Pizza Cheese Pizza*V* Seasoned Broccoli Fruit Milk	① Corn Dogs ② Baked Beans Fruit Milk	Hamburger Cheeseburger Sweet Potato Fries Mandarin Cup Milk	
17	18	19	20	21	22	23
	BBQ Drumsticks w/Oodles of Noodles Coleslaw Mandarin Cup Milk	Arroz Con Pollo Baby Carrots Fruit Milk	Broccoli Cheese Soup w/Ranch Veggie Wrap Ranchero Beans Peaches w/Granola Milk	Spaghetti w/Meatsauce Italian ② Pepperoni Pasta Dark Green Salad Pineapple Tidbits Milk	Teriyaki Grilled Chicken & Pineapple Burger Ranch Fries Fruit Milk	
24	25	26	27	28	29	30
24 31	Chicken Taco Elotes (Corn) Mandarin Cup Milk	Chicken Mega Minis w/Roll Caprese Salad Peaches w/Granola Milk	② Pepperoni Pizza Cheese Pizza *V* Veggie Pizza *V* Seasoned Broccoli Fruit Milk	Chicken & Waffles Baked Beans Pineapple Milk	Honey Lime Wings w/Pretzels Cucumber Salad Fruit Milk	

FOOD ALLERGIES/SPECIAL DIETS:

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- ① Pork Free Menu Item
- ② Item may contain Pork

VEGETARIAN SALAD OPTION AVAILABLE DAILY

Menu Subject to Change Due to Product Availability
Available Daily: Lowfat White Milk, Fat Free Chocolate Milk
UNDERLINED Menu Items are for SureStart Students ONLY