



# >>> October 2021

Region: KOREA  
Serving Period: BREAKFAST

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	1 Apple Cinnamon Toast ①Bacon Fruit Strawberry/Kiwi Juice Milk	2
3	4 Pancake Egg Patty Fruit Strawberry/Kiwi Juice Milk	5 ②Sausage Croissant Fruit Strawberry/Kiwi Juice Milk	6 French Toast ①Bacon Fruit Strawberry/Kiwi Juice Milk	7 ①Croissant w/Egg & Ham Fruit Strawberry/Kiwi Juice Milk	8 Waffles ①Bacon Fruit Strawberry/Kiwi Juice Milk	9
10	11 Banana Muffin Egg Patty Fruit Strawberry/Kiwi Juice Milk	12 ①Monte Cristo Fruit Strawberry/Kiwi Juice Milk	13 Cinnamon Roll Sliders ①Bacon / Fruit Strawberry/Kiwi Juice Milk	14 Pancake ①Bacon Fruit Strawberry/Kiwi Juice Milk	15 Apple Cinnamon Toast ①Bacon Fruit Strawberry/Kiwi Juice Milk	16
17	18 Apple Cinnamon Toast ①Sausage Fruit Strawberry/Kiwi Juice Milk	19 Waffles ①Bacon Fruit Strawberry/Kiwi Juice Milk	20 ①Ham & Cheese Croissant Fruit Strawberry/Kiwi Juice Milk	21 French Toast Egg Patty Fruit Strawberry/Kiwi Juice Milk	22 Donut ①Sausage Fruit Strawberry/Kiwi Juice Milk	23
24	25	26	27	28	29	30
31 	①B.E.S.T. Sandwich Fruit Strawberry/Kiwi Juice Milk	②Sausage Gravy w/Biscuit Fruit Strawberry/Kiwi Juice Milk	Banana Muffin ①Sausage Fruit Strawberry/Kiwi Juice Milk	French Toast ①Bacon Fruit Strawberry/Kiwi Juice Milk	①Sausage Croissant Fruit Strawberry/Kiwi Juice Milk	

**FOOD ALLERGIES/SPECIAL DIETS:**

Modifications Made to Safeguard the Well-Being of Our Students. See Cafeteria Supervisor

- ① Pork Free Menu Item
- ② Item may contain Pork

Menu Subject to Change Due to Product Availability  
Available Daily: Lowfat White Milk, Fat Free Chocolate Milk,  
Choice of Fruit Juice

*This institution is an Equal Opportunity Provider v.1*



# >>> October 2021

Region: KOREA  
Serving Period: LUNCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	1	2
					Honey Lime Wings w/Pretzels Cucumber Salad Fruit / Milk	
3	4	5	6	7	8	9
	Chicken Noodle Soup Cherry Tomato Dippers Mandarin Cup Milk	Beef Sticks w/Dinner Roll Dark Green Salad Roasted Peaches Milk	Sweet/Sour Nuggets w/Rice Ranch Peas Fruit Milk	Cheezy Pretzels Baked Beans Fruit Milk	Meatball Sub Bell Pepper Strips Fruit Milk	
10	11	12	13	14	15	16
10 National School Lunch Week 11 - 15	②Pork "Fried" Rice Honey Glazed Carrots Pineapple Tidbits Milk	Baked Spaghetti *V* Garlic Baguette Green Peas + Carrots Roasted Peaches Milk	②Pepperoni Pizza Cheese Pizza*V* Seasoned Broccoli Fruit Milk	①Corn Dogs ②Baked Beans Fruit Milk	Hamburger Cheeseburger Sweet Potato Fries Mandarin Cup Milk	
17	18	19	20	21	22	23
	BBQ Drumsticks w/Oodles of Noodles Coleslaw Mandarin Cup Milk	Arroz Con Pollo Baby Carrots Fruit Milk	Broccoli Cheese Soup w/Ranch Veggie Wrap Ranchero Beans Roasted Peaches Milk	Spaghetti w/Meatballs Dark Green Salad Pineapple Tidbits Milk	Teriyaki Grilled Chicken & Pineapple Burger Ranch Fries Fruit Milk	
24	25	26	27	28	29	30
31	Chicken Taco Elotes (Corn) Mandarin Cup Milk	Chicken Mega Minis w/Roll Caprese Salad Roasted Peaches Milk	②Pepperoni Pizza Cheese Pizza *V* Veggie Pizza *V* Seasoned Broccoli Fruit Milk	Chicken & Waffles Baked Beans Pineapple Milk	Honey Lime Wings w/Pretzels Cucumber Salad Fruit Milk	

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VEGETARIAN SALAD OPTION AVAILABLE DAILY

Menu Subject to Change Due to Product Availability  
Available Daily: Lowfat White Milk, Fat Free Chocolate Milk  
UNDERLINED Menu Items are for SureStart Students ONLY