



>>> September 2021

Region: OKINAWA
Serving Period: BREAKFAST

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	1	2	3	4
			① Pancake w/Sausage Mixed Fruit Juice/Milk	Egg & Cheese Croissant Seasonal Fruit Juice/Milk	① Breakfast Burrito Seasonal Fruit Juice/Milk	
5	6	7	8	9	10	11
Apple Cinnamon Toast Seasonal Fruit Juice/Milk	① Breakfast Burrito Seasonal Fruit Juice/Milk	① Waffle w/Sausage Mixed Fruit Juice/Milk	① Toasted Egg & Ham Sandwich Seasonal Fruit Juice/Milk	Banana Muffin ① Bacon Seasonal Fruit Juice/Milk		
12	13	14	15	16	17	18
French Toast w/ ① Breakfast Ham Seasonal Fruit Juice/Milk	① B.E.S.T. Sandwich Seasonal Fruit Juice/Milk	① Pancake w/Sausage Mixed Fruit Juice/Milk	Egg & Cheese Croissant Seasonal Fruit Juice/Milk	① Breakfast Burrito Seasonal Fruit Juice/Milk		
19	20	21	22	23	24	25
Apple Cinnamon Toast Seasonal Fruit Juice/Milk	① Breakfast Burrito Seasonal Fruit Juice/Milk	① Waffle w/Sausage Mixed Fruit Juice/Milk	① Toasted Egg & Ham Sandwich Seasonal Fruit Juice/Milk	Donut ① Sausage Seasonal Fruit Juice/Milk		
26	27	28	29	30	October 1	2
French Toast w/ ① Breakfast Ham Seasonal Fruit Juice/Milk	① B.E.S.T. Sandwich Seasonal Fruit Juice/Milk	① Pancake w/Sausage Mixed Fruit Juice/Milk	Egg & Cheese Croissant Seasonal Fruit Juice/Milk			

FOOD ALLERGIES/SPECIAL DIETS:

Modifications Made to Safeguard the Well-Being of Our Students. See Cafeteria Supervisor

- ① Pork Free Menu Item
- ② Item may contain Pork

Menu Subject to Change Due to Product Availability
Available Daily: Lowfat White Milk, Fat Free Chocolate Milk,
Choice of Fruit Juice

This institution is an Equal Opportunity Provider v.1



>>> September 2021

Region: OKINAWA
Serving Period: LUNCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	1	2	3	4
			<u>Cheese Pizza</u> *v* ② <u>Pepperoni Pizza</u> Seasoned Broccoli Mandarin Oranges	<u>Beef Tenders w/Roll</u> Gravy Carrot Dippers Fruit	<u>BBQ Joe Sandwich</u> Seasoned Green Beans Fruit	
5	6	7	8	9	10	11
	<u>Arroz con Pollo</u> Dinner Roll Green Peas Fruit	① <u>Toasted Italian Sandwich</u> Dark Green Side Salad Fruit	<u>Broccoli Cheese Soup w/Veggie Wrap</u> *v* Cucumber Salad Cinnamon Peaches	<u>Chicken Mega Minis w/Roll</u> Ranchero Beans Pineapple Tidbits Cookie	<u>Hamburger Cheeseburger</u> Carrot Dippers Fruit	
12	13	14	15	16	17	18
	① <u>Ham & Cheese Sandwich</u> Ranchero Beans Fruit	① <u>Corn Dogs</u> Peas & Carrots Fruit	<u>Cheese Pizza</u> *v* ② <u>Pepperoni Pizza</u> Seasoned Broccoli Mandarin Oranges	<u>Beef Tenders w/Roll</u> Gravy Carrot Dippers Fruit	<u>BBQ Joe Sandwich</u> Seasoned Green Beans Fruit	
19	20	21	22	23	24	25
	<u>Arroz con Pollo</u> Dinner Roll Green Peas Fruit	① <u>Toasted Italian Sandwich</u> Dark Green Side Salad Fruit	<u>Broccoli Cheese Soup w/Veggie Wrap</u> *v* Cucumber Salad Cinnamon Peaches	<u>Chicken Mega Minis w/Roll</u> Ranchero Beans Pineapple Tidbits Cookie	<u>Hamburger Cheeseburger</u> Carrot Dippers Fruit	
26	27	28	29	30	October 1	2
	① <u>Ham & Cheese Sandwich</u> Ranchero Beans Fruit	① <u>Corn Dogs</u> Peas & Carrots Fruit	<u>Cheese Pizza</u> *v* ② <u>Pepperoni Pizza</u> Seasoned Broccoli Mandarin Oranges	<u>Beef Tenders w/Roll</u> Gravy Carrot Dippers Fruit		

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- ① Pork Free Menu Item
- ② Item may contain Pork

VEGETARIAN SALAD OPTION AVAILABLE DAILY

Menu Subject to Change Due to Product Availability

Available Daily: Lowfat White Milk, Fat Free Chocolate Milk

UNDERLINED Menu Items are for SureStart Students ONLY