



FEBRUARY 2023

BREAKFAST REGION: Europe

① Pork Free Menu Item
 ② Item May Contain Pork

Monday	Tuesday	Wednesday	Thursday	Friday		
<p><u>FOOD ALLERGIES</u> <u>or SPECIAL DIETS:</u> Modifications can be made to safeguard the well-being of our students. See cafeteria supervisor for more information</p>		<p>-1- <u>Cereal</u> ① All American w/ Bacon <u>Fruit</u> <u>Juice</u> <u>Milk</u></p>	<p>-2- <u>Yogurt Smoothie</u> <u>CinnaRoll Sliders</u> <u>Fruit</u> <u>Juice</u> <u>Milk</u></p>	<p>-3- ② Pork Sausage Gravy & Biscuit ② <u>Cereal</u> <u>Fruit</u> <u>Juice</u> <u>Milk</u> SS: Biscuit w/Jelly</p>		
<p>-6- ① Ham & Cheese Bagel ② <u>Cereal</u> <u>Fruit</u> <u>Juice</u> <u>Milk</u> SS: Toasted Ham & Cheese Sandwich</p>	<p>-7- ① Sausage Patty <u>Waffles</u> <u>Fruit</u> <u>Juice</u> <u>Milk</u></p>	<p>-8- Breakfast Frittata <u>Cereal</u> <u>Fruit</u> <u>Juice</u> <u>Milk</u></p>	<p>-9- <u>Scrambled Eggs</u> ① Pancake Sausage Bites <u>Fruit</u> <u>Juice</u> <u>Milk</u></p>	<p>-10- ① Monte Cristo Sandwich ② <u>Yogurt Smoothie</u> <u>Fruit</u> <u>Juice</u> <u>Milk</u> SS: Muffin</p>		
<p>-13- <u>Ham & Cheese Biscuit</u> ② <u>Cereal</u> <u>Fruit</u> <u>Juice</u> <u>Milk</u></p>	<p>-14- <u>Yogurt Smoothie</u> <u>Muffin</u> <u>Fruit</u> <u>Juice</u> <u>Milk</u></p>	<p>-15- ① All American Breakfast ② <u>Cereal</u> <u>Fruit / Juice</u> <u>Milk</u> SS: Toast & Scrambled Eggs</p>	<p>-16- <u>Scrambled Eggs</u> <u>French Toast Bites</u> <u>Fruit</u> <u>Juice</u> <u>Milk</u></p>	<p>-17- ② Pork Sausage Gravy & Biscuit ② <u>Cereal</u> <u>Fruit</u> <u>Juice</u> <u>Milk</u></p>		
<p>-20- ① Sausage & Egg Slider ② <u>Cereal</u> <u>Fruit</u> <u>Juice</u> <u>Milk</u></p>	<p>-21- <u>Pancakes</u> <u>Scrambled Eggs</u> <u>Fruit</u> <u>Juice</u> <u>Milk</u></p>	<p>-22- ① All American Breakfast w/Bacon ② <u>Cereal</u> <u>Fruit / Juice</u> <u>Milk</u> SS: Toast & Scrambled Eggs</p>	<p>-23- <u>Yogurt Smoothie</u> <u>CinnaRoll Sliders</u> <u>Fruit</u> <u>Juice</u> <u>Milk</u></p>	<p>-24- Donut w/Sausage Patty ② <u>Cereal</u> <u>Fruit</u> <u>Juice</u> <u>Milk</u> SS: Biscuit w/Jelly</p>		
<p>-27- ① Ham & Cheese Bagel ② <u>Cereal</u> <u>Fruit</u> <u>Juice</u> <u>Milk</u> SS: Toasted Ham & Cheese Sandwich</p>	<p>-28- ① Sausage Patty <u>Waffles</u> <u>Fruit</u> <u>Juice</u> <u>Milk</u></p>	<p>MEAL PRICES</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; vertical-align: top;"> <p><u>Breakfast</u> Students: All Grades Full Price \$2.00 Reduced Price \$0.30 Breakfast Plus \$1.50 Non-Student \$4.25</p> </td> <td style="width: 50%; vertical-align: top;"> <p><u>Lunch</u> Students: Full Price Elementary \$3.50 Secondary \$3.75 Reduced Price K-12 \$0.40 Lunch Plus K-12 \$2.25 Non-Student \$7.50</p> </td> </tr> </table>			<p><u>Breakfast</u> Students: All Grades Full Price \$2.00 Reduced Price \$0.30 Breakfast Plus \$1.50 Non-Student \$4.25</p>	<p><u>Lunch</u> Students: Full Price Elementary \$3.50 Secondary \$3.75 Reduced Price K-12 \$0.40 Lunch Plus K-12 \$2.25 Non-Student \$7.50</p>
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V=Vegetarian option; SureStart is underlined

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LUNCH REGION: Europe

❶ Pork Free Menu Item
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Monday	Tuesday	Wednesday	Thursday	Friday	
<p style="color: red; text-align: center;">FOOD ALLERGIES or SPECIAL DIETS:</p> <p>Modifications can be made to safeguard the well-being of our students. See cafeteria supervisor for more information</p>		<p style="text-align: center;">-1-</p> <p>Chicken Nachos OR Cheese Nachos (V) OR Pork Nachos ❶ Ranchero Beans Dark Green Side Salad Fruit Choice of Milk</p>	<p style="text-align: center;">-2-</p> <p>❷ Pork Sausage Gravy w/Egg & Biscuit OR Chicken Mega Minis w/Biscuit OR Waffle Egg & Cheese Sandwich (V) Cherry Tomato Dippers Cucumber Salad Fruit Choice of Milk</p>	<p style="text-align: center;">-3-</p> <p>Patty Melt on Toast OR Chicken Veggie Dumplings OR Broccoli Cheese Soup w/Veggie Wrap (V) Oven Fries Seasoned Green Peas Fruit Choice of Milk (<u>SS Only-Hamburger/Cheeseburger</u>)</p>	
<p style="text-align: center;">-6-</p> <p>BBQ Drumstick w/Cornbread OR Broccoli Cheese Soup w/Pretzel Bites OR Chef Salad w/Cornbread (V Avail) Honey Glazed Carrots Pea Salad Fruit Choice of Milk</p>	<p style="text-align: center;">-7-</p> <p>Santa Fe Chicken & Rice OR Cheesy Breadsticks w/Marinara OR Salisbury Steak w/Rice & Brown Gravy Green Beans w/❶ Bacon Bits HS/MS-Buffalo Cauliflower SS/ES-Roasted Cauliflower Fruit Choice of Milk</p>	<p style="text-align: center;">-8-</p> <p>❷ Pepperoni Pizza OR Cheese Pizza (V) OR ❷ Cold Italian Pasta Salad w/Dinner Roll Seasoned Broccoli Cucumber & Tomato Salad Fruit Choice of Milk</p>	<p style="text-align: center;">-9-</p> <p>Taj Mahal Meatballs w/Rice OR Chicken Veggie Dumplings OR Chicken Teriyaki & Rice Dark Green Side Salad Green Peas & Carrots Fruit Choice of Milk</p>	<p style="text-align: center;">-10-</p> <p>❶ Hot Honey Sloppy Joe OR ❶ Grilled Ham & Cheese OR Gourmet Grilled Cheese (V) Sweet Potato Fries ❷ Baked Beans Fruit Choice of Milk</p>	
<p style="text-align: center;">-13-</p> <p>Teriyaki Wings w/Pretzel Bites OR Manager's Choice Entree OR Chicken Veggie Dumplings Seasoned Carrots Celery Dippers Fruit Choice of Milk</p>	<p style="text-align: center;">-14-</p> <p>Hummus & Pretzel Dippers OR Spaghetti & Meatballs w/Garlic Baguette OR Baked Spaghetti (V) w/Garlic Baguette Roasted Broccoli Zesty Coleslaw Fruit Choice of Milk</p>	<p style="text-align: center;">-15-</p> <p><u>Fiesta Bowl:</u> <u>Chicken OR Beef OR Veggie (V)</u> Dark Green Side Salad Street Corn (Elote) Fruit Choice of Milk</p>	<p style="text-align: center;">-16-</p> <p>❶ Mini Corn Dogs OR Cheesy Breadsticks w/Marinara OR Chicken Pot Pie w/Biscuit Seasoned Green Beans Ranchero Beans Fruit Choice of Milk</p>	<p style="text-align: center;">-17-</p> <p><u>Hamburger/Cheeseburger OR ❷ BBQ Pulled Pork Sandwich OR Broccoli Cheese Soup w/Veggie Wrap (V)</u> Ranch Fries Fresh Carrot Dippers Fruit Choice of Milk</p>	
<p style="text-align: center;">-20-</p> <p>Picnic Drumstick OR Hot Ham & Cheese Sandwich OR Grilled Chicken Salad (V Avail) Cornbread Seasoned Corn Carrot & Celery Sticks Fruit Choice of Milk</p>	<p style="text-align: center;">-21-</p> <p>Chicken Veggie Dumplings OR Spaghetti Marinara (V) w/Garlic Baguette OR Spaghetti & Meatsauce w/Garlic Baguette Italian Green Beans Caprese Side Salad Fruit Choice of Milk</p>	<p style="text-align: center;">-22-</p> <p>Cheese Pizza (V) OR Pepperoni Pizza OR Mediterranean Hummus Wrap (V) Seasoned Broccoli Cucumber Coins Fruit Choice of Milk</p>	<p style="text-align: center;">-23-</p> <p>Beefy Alfredo & Brown Rice OR Chicken Curry & Brown Rice OR Manager's Choice Salad (V Avail) Cherry Tomato Dippers Seasoned Peas and Carrots Fruit Choice of Milk</p>	<p style="text-align: center;">-24-</p> <p>❶ Monte Cristo Sandwich <u>Chicken & Waffles w/Blue Sauce</u> Chef Salad w/Tortilla Chips (V Avail) Sweet Potato Fries ❷ Baked Beans Fruit Choice of Milk</p>	
<p style="text-align: center;">-27-</p> <p>Chicken Tender Wrap OR Broccoli Cheese Soup w/Veggie Wrap (V) OR BBQ Chicken Wings w/Cornbread Green Apple Slaw Honey Glazed Carrots Fruit Milk</p>	<p style="text-align: center;">-28-</p> <p>Cheeseburger Mac OR Three Cheese Cavatappi OR Market Salad (V Avail) Dinner Roll Dark Green Side Salad Christmas Veggies Fruit Milk</p>	<p style="text-align: center;">MEAL PRICES</p> <p style="color: green; text-align: center;"><u>Breakfast</u></p> <p>Students: All Grades Full Price \$2.00 Reduced Price \$0.30 Breakfast Plus \$1.50 Non-Student \$4.25</p> <p style="color: blue; text-align: center;"><u>Lunch</u></p> <p>Students: Full Price Elementary \$3.50 Secondary \$3.75 Reduced Price K-12 \$0.40 Lunch Plus K-12 \$2.25 Non-Student \$7.50</p>			

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