



# FEBRUARY 2023

## BREAKFAST REGION: Korea

① Pork Free Menu Item  
 ② Item May Contain Pork

Monday	Tuesday	Wednesday	Thursday	Friday		
<p><b>FOOD ALLERGIES</b>  <b>or SPECIAL DIETS:</b></p> <p>Modifications can be made to safeguard the well-being of our students.            See cafeteria supervisor for more information</p>		<p>-1-  <u>Cereal</u>            ① All American w/ Bacon  <u>Fruit</u>  <u>Juice</u>  <u>Milk</u></p>	<p>-2-  <u>Yogurt Smoothie</u>  <u>CinnaRoll Sliders</u>  <u>Fruit</u>  <u>Juice</u>  <u>Milk</u></p>	<p>-3-            ② Pork Sausage Gravy &amp; Biscuit            ② Cereal  <u>Fruit</u>  <u>Juice</u>  <u>Milk</u>            SS: Biscuit w/Jelly</p>		
<p>-6-            ① Ham &amp; Cheese Bagel            ② Cereal  <u>Fruit</u>  <u>Juice</u>  <u>Milk</u>            SS: Toasted Ham &amp; Cheese Sandwich</p>	<p>-7-            ① Bacon  <u>Waffles</u>  <u>Fruit</u>  <u>Juice</u>  <u>Milk</u></p>	<p>-8-            Breakfast Frittata  <u>Cereal</u>  <u>Fruit</u>  <u>Juice</u>  <u>Milk</u></p>	<p>-9-  <u>Scrambled Eggs</u>            ① Pancake Sausage Bites  <u>Fruit</u>  <u>Juice</u>  <u>Milk</u></p>	<p>-10-            ① Monte Cristo Sandwich            ② Yogurt Smoothie  <u>Fruit</u>  <u>Juice</u>  <u>Milk</u>            SS: Muffin</p>		
<p>-13-  <u>Ham &amp; Cheese Biscuit</u>            ② Cereal  <u>Fruit</u>  <u>Juice</u>  <u>Milk</u></p>	<p>-14-  <u>Yogurt Smoothie</u>  <u>Muffin</u>  <u>Fruit</u>  <u>Juice</u>  <u>Milk</u></p>	<p>-15-            ① All American Breakfast w/Sausage            ② Cereal  <u>Fruit / Juice</u>  <u>Milk</u>            SS: Toast &amp; Scrambled Eggs</p>	<p>-16-  <u>Scrambled Eggs</u>  <u>French Toast Bites</u>  <u>Fruit</u>  <u>Juice</u>  <u>Milk</u></p>	<p>-17-            ① Breakfast Taco            ② Cereal  <u>Fruit</u>  <u>Juice</u>  <u>Milk</u></p>		
<p>-20-            ① Ham &amp; Egg Slider            ② Cereal  <u>Fruit</u>  <u>Juice</u>  <u>Milk</u></p>	<p>-21-  <u>Pancakes</u>  <u>Scrambled Eggs</u>  <u>Fruit</u>  <u>Juice</u>  <u>Milk</u></p>	<p>-22-            ① All American Breakfast w/Bacon            ② Cereal  <u>Fruit / Juice</u>  <u>Milk</u>            SS: Toast &amp; Scrambled Eggs</p>	<p>-23-  <u>Yogurt Smoothie</u>  <u>CinnaRoll Sliders</u>  <u>Fruit</u>  <u>Juice</u>  <u>Milk</u></p>	<p>-24-            ② Pork Sausage Gravy &amp; Biscuit            ② Cereal  <u>Fruit</u>  <u>Juice</u>  <u>Milk</u>            SS: Biscuit w/Jelly</p>		
<p>-27-            ① Ham &amp; Cheese Bagel            ② Cereal  <u>Fruit</u>  <u>Juice</u>  <u>Milk</u>            SS: Toasted Ham &amp; Cheese Sandwich</p>	<p>-28-            ① Bacon  <u>Waffles</u>  <u>Fruit</u>  <u>Juice</u>  <u>Milk</u></p>	<p><b>MEAL PRICES</b></p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; vertical-align: top;"> <p><u>Breakfast</u>                Students: All Grades                Full Price \$2.00                Reduced Price \$0.30                Breakfast Plus \$1.50                Non-Student \$4.25</p> </td> <td style="width: 50%; vertical-align: top;"> <p><u>Lunch</u>                Students: Full Price                Elementary \$3.50                Secondary \$3.75                Reduced Price K-12 \$0.40                Lunch Plus K-12 \$2.25                Non-Student \$7.50</p> </td> </tr> </table>			<p><u>Breakfast</u>                Students: All Grades                Full Price \$2.00                Reduced Price \$0.30                Breakfast Plus \$1.50                Non-Student \$4.25</p>	<p><u>Lunch</u>                Students: Full Price                Elementary \$3.50                Secondary \$3.75                Reduced Price K-12 \$0.40                Lunch Plus K-12 \$2.25                Non-Student \$7.50</p>
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V=Vegetarian option; SureStart is underlined

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# FEBRUARY 2023

## LUNCH REGION: Korea

❶ Pork Free Menu Item  
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Monday	Tuesday	Wednesday	Thursday	Friday		
<p style="color: red; font-weight: bold;">FOOD ALLERGIES</p> <p style="color: red; font-weight: bold;">or SPECIAL DIETS:</p> <p>Modifications can be made to safeguard the well-being of our students. See cafeteria supervisor for more information</p>		<p style="text-align: center;">-1-</p> <p>Chicken Nachos OR Cheese Nachos (V) OR Pork Nachos ❶ Ranchero Beans Dark Green Side Salad Fruit Choice of Milk</p>	<p style="text-align: center;">-2-</p> <p>❶ Sausage &amp; Egg Biscuit OR (EU: Pork Sausage Gravy w/Egg &amp; Biscuit) OR Chicken Mega Minis w/Biscuit Waffle Egg &amp; Cheese Sandwich (V) Cherry Tomato Dippers Cucumber Salad Fruit Choice of Milk</p>	<p style="text-align: center;">-3-</p> <p>Patty Melt on Toast OR Chicken Veggie Dumplings OR Broccoli Cheese Soup w/Veggie Wrap (V) Oven Fries Seasoned Green Peas Fruit Choice of Milk <u>(SS Only-Hamburger/Cheeseburger)</u></p>		
<p style="text-align: center;">-6-</p> <p>BBQ Drumstick w/Cornbread OR Broccoli Cheese soup w/Pretzel bites OR Chef Salad w/Cornbread (V Avail) Honey Glazed Carrots Pea Salad Fruit Choice of Milk</p>	<p style="text-align: center;">-7-</p> <p>Santa Fe Chicken &amp; Rice OR Cheesy Breadsticks w/Marinara OR Salisbury Steak w/Rice &amp; Brown Gravy Green Beans w/❶ Bacon Bits HS/MS-Buffalo Cauliflower SS/ES-Roasted Cauliflower Fruit Choice of Milk</p>	<p style="text-align: center;">-8-</p> <p>❷ Pepperoni Pizza OR Cheese Pizza (V) OR ❷ Cold Italian Pasta Salad w/Dinner Roll Seasoned Broccoli Cucumber &amp; Tomato Salad Fruit Choice of Milk</p>	<p style="text-align: center;">-9-</p> <p>Taj Mahal Meatballs w/Rice OR Chicken Veggie Dumplings OR Chicken Teriyaki &amp; Rice Dark Green Side Salad Green Peas &amp; Carrots Fruit Choice of Milk</p>	<p style="text-align: center;">-10-</p> <p>❶ BBQ Joe OR ❶ Grilled Ham &amp; Cheese OR <u>Gourmet Grilled Cheese (V)</u> Sweet Potato Fries ❷ Baked Beans Fruit Choice of Milk</p>		
<p style="text-align: center;">-13-</p> <p>Teriyaki Wings w/Pretzel Bites OR Manager's Choice Entree OR <u>Chicken Veggie Dumplings</u> Seasoned Carrots Celery Dippers Fruit Choice of Milk</p>	<p style="text-align: center;">-14-</p> <p>Hummus &amp; Pretzel Dippers OR Spaghetti &amp; Meatballs w/Garlic Baguette OR <u>Baked Spaghetti (V) w/Garlic Baguette</u> Roasted Broccoli Zesty Coleslaw Fruit Choice of Milk</p>	<p style="text-align: center;">-15-</p> <p><u>Fiesta Bowl:</u> <u>Chicken</u> OR Beef OR Veggie (V) Dark Green Side Salad Street Corn (Elote) Fruit Choice of Milk</p>	<p style="text-align: center;">-16-</p> <p>❶ Mini Corn Dogs OR <u>Cheesy Breadsticks w/Marinara</u> OR Chicken Pot Pie w/Biscuit Seasoned Green Beans Ranchero Beans Fruit Choice of Milk</p>	<p style="text-align: center;">-17-</p> <p><u>Hamburger/Cheeseburger</u> OR ❷ BBQ Pulled Pork Sandwich OR Broccoli Cheese Soup w/Veggie Wrap (V) Ranch Fries Fresh Carrot Dippers Fruit Choice of Milk</p>		
<p style="text-align: center;">-20-</p> <p>Picnic Drumstick OR <u>Hot Ham &amp; Cheese Sandwich</u> OR Grilled Chicken Salad (V Avail) Cornbread Seasoned Corn Carrot &amp; Celery Sticks Fruit Choice of Milk</p>	<p style="text-align: center;">-21-</p> <p>Chicken Veggie Dumplings OR Spaghetti Marinara (V) w/Garlic Baguette OR <u>Spaghetti &amp; Meatsauce w/Garlic Baguette</u> Italian Green Beans Caprese Side Salad Fruit Choice of Milk</p>	<p style="text-align: center;">-22-</p> <p>Cheese Pizza (V) OR <u>Pepperoni Pizza</u> OR Mediterranean Hummus Wrap (V) Seasoned Broccoli Cucumber Coins Fruit Choice of Milk</p>	<p style="text-align: center;">-23-</p> <p><u>Beefy Alfredo &amp; Brown Rice</u> OR Chicken Curry &amp; Brown Rice OR Manager's Choice Salad (V Avail) Cherry Tomato Dippers Seasoned Peas and Carrots Fruit Choice of Milk</p>	<p style="text-align: center;">-24-</p> <p>❶ Monte Cristo Sandwich <u>Chicken &amp; Waffles</u> w/Blue Sauce Chef Salad w/Tortilla Chips (V Avail) Sweet Potato Fries ❷ Baked Beans Fruit Choice of Milk</p>		
<p style="text-align: center;">-27-</p> <p><u>Chicken Tender Wrap</u> OR Broccoli Cheese Soup w/Veggie Wrap (V) OR BBQ Chicken Wings w/Cornbread Green Apple Slaw Honey Glazed Carrots Fruit Milk</p>	<p style="text-align: center;">-28-</p> <p>Beefy Mac &amp; Cheese OR Mac &amp; Cheese OR Market Salad (V Avail) Dinner Roll Dark Green Side Salad Christmas Veggies Fruit Milk</p>	<p style="text-align: center;"><b>MEAL PRICES</b></p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; vertical-align: top;"> <p style="color: green; font-weight: bold;">Breakfast</p> <p>Students: All Grades Full Price \$2.00 Reduced Price \$0.30 Breakfast Plus \$1.50 Non-Student \$4.25</p> </td> <td style="width: 50%; vertical-align: top;"> <p style="color: blue; font-weight: bold;">Lunch</p> <p>Students: Full Price Elementary \$3.50 Secondary \$3.75 Reduced Price K-12 \$0.40 Lunch Plus K-12 \$2.25 Non-Student \$7.50</p> </td> </tr> </table>			<p style="color: green; font-weight: bold;">Breakfast</p> <p>Students: All Grades Full Price \$2.00 Reduced Price \$0.30 Breakfast Plus \$1.50 Non-Student \$4.25</p>	<p style="color: blue; font-weight: bold;">Lunch</p> <p>Students: Full Price Elementary \$3.50 Secondary \$3.75 Reduced Price K-12 \$0.40 Lunch Plus K-12 \$2.25 Non-Student \$7.50</p>
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