



FEBRUARY 2023

BREAKFAST REGION: Okinawa

① Pork Free Menu Item
② Item May Contain Pork

Monday	Tuesday	Wednesday	Thursday	Friday		
<p><u>FOOD ALLERGIES</u> <u>or SPECIAL DIETS:</u> Modifications can be made to safeguard the well-being of our students. See cafeteria supervisor for more information</p>		<p>-1- <u>Cereal</u> ① All American w/ Bacon <u>Fruit</u> <u>Juice</u> <u>Milk</u></p>	<p>-2- <u>Yogurt Smoothie</u> <u>CinnaRoll Sliders</u> <u>Fruit</u> <u>Juice</u> <u>Milk</u></p>	<p>-3- ② Pork Sausage Gravy & Biscuit ② <u>Cereal</u> <u>Fruit</u> <u>Juice</u> <u>Milk</u> <small>SS: Biscuit w/Jelly</small></p>		
<p>-6- ① Ham & Cheese Bagel ② <u>Cereal</u> <u>Fruit</u> <u>Juice</u> <u>Milk</u> <small>SS: Toasted Ham & Cheese Sandwich</small></p>	<p>-7- ① <u>Bacon Waffles</u> <u>Fruit</u> <u>Juice</u> <u>Milk</u></p>	<p>-8- Breakfast Frittata <u>Cereal</u> <u>Fruit</u> <u>Juice</u> <u>Milk</u></p>	<p>-9- <u>Scrambled Eggs</u> ① <u>Pancake Sausage Bites</u> <u>Fruit</u> <u>Juice</u> <u>Milk</u></p>	<p>-10- ① Monte Cristo Sandwich ② <u>Yogurt Smoothie</u> <u>Fruit</u> <u>Juice</u> <u>Milk</u> <small>SS: Muffin</small></p>		
<p>-13- <u>Ham & Cheese Biscuit</u> ② <u>Cereal</u> <u>Fruit</u> <u>Juice</u> <u>Milk</u></p>	<p>-14- <u>Yogurt Smoothie</u> <u>Muffin</u> <u>Fruit</u> <u>Juice</u> <u>Milk</u></p>	<p>-15- ① All American Breakfast ② <u>Cereal</u> <u>Fruit / Juice</u> <u>Milk</u> <small>SS: Toast & Scrambled Eggs</small></p>	<p>-16- <u>Scrambled Eggs</u> <u>French Toast Bites</u> <u>Fruit</u> <u>Juice</u> <u>Milk</u></p>	<p>-17- ① <u>Breakfast Taco</u> ② <u>Cereal</u> <u>Fruit</u> <u>Juice</u> <u>Milk</u></p>		
<p>-20- ① <u>Ham & Egg Slider</u> ② <u>Cereal</u> <u>Fruit</u> <u>Juice</u> <u>Milk</u></p>	<p>-21- <u>Pancakes</u> <u>Scrambled Eggs</u> <u>Fruit</u> <u>Juice</u> <u>Milk</u></p>	<p>-22- ① All American Breakfast w/Bacon ② <u>Cereal</u> <u>Fruit / Juice</u> <u>Milk</u> <small>SS: Toast & Scrambled Eggs</small></p>	<p>-23- <u>Yogurt Smoothie</u> <u>CinnaRoll Sliders</u> <u>Fruit</u> <u>Juice</u> <u>Milk</u></p>	<p>-24- ② Pork Sausage Gravy & Biscuit ② <u>Cereal</u> <u>Fruit</u> <u>Juice</u> <u>Milk</u> <small>SS: Biscuit w/Jelly</small></p>		
<p>-27- ① Ham & Cheese Bagel ② <u>Cereal</u> <u>Fruit</u> <u>Juice</u> <u>Milk</u> <small>SS: Toasted Ham & Cheese Sandwich</small></p>	<p>-28- ① <u>Bacon Waffles</u> <u>Fruit</u> <u>Juice</u> <u>Milk</u></p>	<p><u>MEAL PRICES</u></p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; vertical-align: top;"> <p><u>Breakfast</u> Students: All Grades Full Price \$2.00 Reduced Price \$0.30 Breakfast Plus \$1.50 Non-Student \$4.25</p> </td> <td style="width: 50%; vertical-align: top;"> <p><u>Lunch</u> Students: Full Price Elementary \$3.50 Secondary \$3.75 Reduced Price K-12 \$0.40 Lunch Plus K-12 \$2.25 Non-Student \$7.50</p> </td> </tr> </table>			<p><u>Breakfast</u> Students: All Grades Full Price \$2.00 Reduced Price \$0.30 Breakfast Plus \$1.50 Non-Student \$4.25</p>	<p><u>Lunch</u> Students: Full Price Elementary \$3.50 Secondary \$3.75 Reduced Price K-12 \$0.40 Lunch Plus K-12 \$2.25 Non-Student \$7.50</p>
<p><u>Breakfast</u> Students: All Grades Full Price \$2.00 Reduced Price \$0.30 Breakfast Plus \$1.50 Non-Student \$4.25</p>	<p><u>Lunch</u> Students: Full Price Elementary \$3.50 Secondary \$3.75 Reduced Price K-12 \$0.40 Lunch Plus K-12 \$2.25 Non-Student \$7.50</p>					

V=Vegetarian option; SureStart is underlined

Substitutions may occur based on product availability. Please consult your school directly for the most up-to-date menu.
This institution is an Equal Opportunity Provider



FEBRUARY 2023

LUNCH REGION: Okinawa

① Pork Free Menu Item
② Item May Contain Pork

Monday	Tuesday	Wednesday	Thursday	Friday	
<p style="color: red; font-weight: bold;">FOOD ALLERGIES or SPECIAL DIETS:</p> <p>Modifications can be made to safeguard the well-being of our students. See cafeteria supervisor for more information</p>					
<p style="text-align: center;">-6- BBQ Drumstick w/Cornbread OR Beef Tenders w/Cornbread OR Chef Salad w/Cornbread (V Avail) Honey Glazed Carrots Pea Salad Fruit Choice of Milk</p>	<p style="text-align: center;">-7- Santa Fe Chicken & Rice OR Cheesy Breadsticks w/Marinara OR Salisbury Steak w/Rice & Brown Gravy Green Beans w/① Bacon Bits HS/MS-Buffalo Cauliflower SS/ES-Roasted Cauliflower Fruit Choice of Milk</p>	<p style="text-align: center;">-1- Chicken Nachos OR Cheese Nachos (V) OR Pork Nachos ① Ranchero Beans Dark Green Side Salad Fruit Choice of Milk</p> <p style="text-align: center;">-8- ② Pepperoni Pizza OR Cheese Pizza (V) OR ② Cold Italian Pasta Salad w/Dinner Roll Seasoned Broccoli Cucumber & Tomato Salad Fruit Choice of Milk</p>	<p style="text-align: center;">-2- ① Sausage & Egg Biscuit OR (EU: Pork Sausage Gravy w/Egg & Biscuit) OR Chicken Mega Minis w/Biscuit Waffle Egg & Cheese Sandwich (V) Cherry Tomato Dippers Cucumber Salad Fruit Choice of Milk</p> <p style="text-align: center;">-9- Taj Mahal Meatballs w/Rice OR Chicken Veggie Dumplings OR Chicken Teriyaki & Rice Dark Green Side Salad Green Peas & Carrots Fruit Choice of Milk</p>	<p style="text-align: center;">-3- Patty Melt on Toast OR Chicken Veggie Dumplings OR Broccoli Cheese Soup w/Veggie Wrap (V) Oven Fries Seasoned Green Peas Fruit Choice of Milk (SS Only-Hamburger/Cheeseburger)</p> <p style="text-align: center;">-10- ① BBQ Joe OR ① Grilled Ham & Cheese OR Gourmet Grilled Cheese (V) Sweet Potato Fries ② Baked Beans Fruit Choice of Milk</p>	
<p style="text-align: center;">-13- Teriyaki Wings w/Pretzel Bites OR Manager's Choice Entree OR Chicken Veggie Dumplings Seasoned Carrots Celery Dippers Fruit Choice of Milk</p>	<p style="text-align: center;">-14- Hummus & Pretzel Dippers OR Spaghetti & Meatballs w/Garlic Baguette OR <u>Baked Spaghetti (V) w/Garlic Baguette</u> Roasted Broccoli Zesty Coleslaw Fruit Choice of Milk</p>	<p style="text-align: center;">-15- <u>Fiesta Bowl:</u> <u>Chicken</u> OR Beef OR Veggie (V) Dark Green Side Salad Street Corn (Elote) Fruit Choice of Milk</p>	<p style="text-align: center;">-16- ① Mini Corn Dogs OR <u>Cheesy Breadsticks w/Marinara</u> OR Chicken Pot Pie w/Biscuit Seasoned Green Beans Ranchero Beans Fruit Choice of Milk</p>	<p style="text-align: center;">-17- <u>Hamburger/Cheeseburger</u> OR ② BBQ Pulled Pork Sandwich OR Broccoli Cheese Soup w/Veggie Wrap (V) Ranch Fries Fresh Carrot Dippers Fruit Choice of Milk</p>	
<p style="text-align: center;">-20- Picnic Drumstick OR <u>Hot Ham & Cheese Sandwich</u> OR Grilled Chicken Salad (V Avail) Cornbread Seasoned Corn Carrot & Celery Sticks Fruit Choice of Milk</p>	<p style="text-align: center;">-21- Chicken Veggie Dumplings OR Spaghetti Marinara (V) w/Garlic Baguette OR <u>Spaghetti & Meatsauce w/Garlic Baguette</u> Italian Green Beans Caprese Side Salad Fruit Choice of Milk</p>	<p style="text-align: center;">-22- Cheese Pizza (V) OR <u>Pepperoni Pizza</u> OR Mediterranean Hummus Wrap (V) Seasoned Broccoli Cucumber Coins Fruit Choice of Milk</p>	<p style="text-align: center;">-23- Beefy Alfredo & Brown Rice OR Chicken Curry & Brown Rice OR Manager's Choice Salad (V Avail) Cherry Tomato Dippers Seasoned Peas and Carrots Fruit Choice of Milk</p>	<p style="text-align: center;">-24- ① Monte Cristo Sandwich <u>Chicken & Waffles</u> w/Blue Sauce Chef Salad w/Tortilla Chips (V Avail) Sweet Potato Fries ② Baked Beans Fruit Choice of Milk</p>	
<p style="text-align: center;">-27- <u>Chicken Tender Wrap</u> OR Broccoli Cheese Soup w/Veggie Wrap (V) OR BBQ Chicken Wings w/Cornbread Green Apple Slaw Honey Glazed Carrots Fruit Milk</p>	<p style="text-align: center;">-28- Cheeseburger Mac OR <u>Three Cheese Cavatappi</u> OR Market Salad (V Avail) Dinner Roll Dark Green Side Salad Christmas Veggies Fruit Milk</p>	<p style="text-align: center; color: green; font-weight: bold;">Breakfast</p> <p>Students: All Grades Full Price \$2.00 Reduced Price \$0.30 Breakfast Plus \$1.50 Non-Student \$4.25</p>			<p style="text-align: center; color: blue; font-weight: bold;">MEAL PRICES</p> <p style="text-align: center; color: blue; font-weight: bold;">Lunch</p> <p>Students: Full Price Elementary \$3.50 Secondary \$3.75 Reduced Price K-12 \$0.40 Lunch Plus K-12 \$2.25 Non-Student \$7.50</p>

V=Vegetarian option; SureStart is underlined

Substitutions may occur based on product availability. Please consult your school directly for the most up-to-date menu.
This institution is an Equal Opportunity Provider