Johnson Health Tech Trading is Recalling BowFlex Adjustable Dumbbells

Recall Date: 05 Jun 2025

Description: Johnson Health Tech Trading is recalling BowFlex Adjustable Dumbbells due to impact hazard. For serial numbers and more information, please visit the CPSC website.

The following item was sold at The Exchange:

ITEM DESCRIPTION	UPC	IMAGE
BOWFLEX SELECT TECH 1090 DUMBBELLS	708447504777	
BOWFLEX SELECT TECH 552 DUMBBELLS MASTERPACK	708447506191	

Hazard: The weight plates can dislodge from the handle during use, posing an impact hazard.

Remedy: Consumers should immediately stop using the recalled Bowflex adjustable dumbbells and contact Johnson Health Tech Trading for a refund of the purchase price in the form of a voucher, or a replacement for units sold by Johnson Health Tech Trading. For units sold by BowFlex Inc. (formerly Nautilus Inc.), consumers can request a refund in the form of a prorated voucher and a one-year JRNY digital fitness membership. Consumers will be sent a pre-paid shipping label to return the handle and base for each returned dumbbell. Johnson Health Tech Trading is contacting all known purchasers directly.

Incidents/Injuries: To date, Johnson Health Tech Trading has received 12 reports of the plates dislodging during use with no injuries for units it sold. Nautilus received 337 reports of the plates dislodging during use for units it sold, including 111 resulting in injuries such as concussions, abrasions, broken toes or contusions.

Sold at: The Exchange and other retailers.

Consumer Contact: Johnson Health Tech Trading toll-free at 800-209-3539 from 8 a.m. to 7 p.m. CT Monday through Friday, email at recall@bowflex.com,or at www.bowflex.com/recalls or online at www.bowflex.com and click “Recalls” at the bottom of the page.

Manufacturer: JOHNSON HEALTH TECH

Recall #: 25-019